



# SWIMMING

## Lessons for Adults

### INCLUSIVE ACTIVITIES :

- Learn to swim
- Learn to breathe
- Learn to float
- Practice style

**4400 UNIVERSITY DRIVE,  
ANCHORAGE**

**\$10\***  
**PER**  
**LESSON**



**Saturdays**

10:30 - 11:15 am

March 9 - April 27

\*Reduced fee available for low-income participants, please request more information by emailing Michele Cateson at [mcateson@alaskapacific.edu](mailto:mcateson@alaskapacific.edu).

 907-564-8239  
 [swamalaska.org](http://swamalaska.org)