

Alaska Masters Short Course Yards State Championship
Bartlett Pool – Anchorage, Alaska - Friday & Saturday, 10-11 February 2012
Sanctioned by AKMS for USMS, Inc. Sanction # 5612-001

Schedule: **Friday 10 Feb - Warm-up 5:00 PM - Meet starts at 6:00 PM.**
 Saturday 11 Feb - Warm-up 9:00 AM - Meet starts at 10:00 AM.

Entries

- You may enter up to six **individual** events (excluding relays.) No more than five **individual** events can be swum in one day.
- Online meet registration is preferred for speed and accuracy. Begin online meet registration at https://www.clubassistant.com/club/meet_information.cfm?c=1816&smid=3623
- Online meet registration closes at midnight February 8, 2012.
- The meet coordinator must receive **paper entries** by 10:00 PM, 6 February 2012.
- Meet entry fee is \$32 flat fee.
- Online meet registration accepts credit cards. The charge on your credit card statement will be to "ClubAssistant.com Events"
- Meet Coordinator:

Ken Winterberger
3000 Capstan Drive
Anchorage, AK 99516 e-mail: kwinterberger@gmail.com

USMS Membership: This meet is open to all currently registered USMS swimmers. USMS registration forms will not be accepted at the meet. It is your responsibility to be USMS registered. **Your USMS membership will be verified during on-line registration. If you need to join or renew your memberships, links for this are presented during on-line meet registration.** You may also locate membership registration info at www.akmswim.org and www.usms.org/. You **must** be registered with the workout group for which you intend to compete by the electronic meet entry deadline (8 February 2012) in order for your points to count for that workout group.

Other Paper Entry Information: Entry forms must be completely filled out and signed. Send form along with the entry fee and a copy of your 2012 registration card. Write **one** check for all applicable fees. Make checks payable to **Alaska Masters Swimming.**

Rules and eligibility: All AKMS and USMS rules govern this meet. It is your responsibility to know the rules. Check out <http://www.usms.org/rules/> website for a link to the current rules.

Seeding: Events (except the 500 and 1650 freestyle and relays) will be pre-seeded slowest to fastest regardless of gender or age group. The 500 and 1650 free will be deck seeded fastest to slowest, regardless of age or gender. Relays will be deck seeded.

1650 freestyle: is open to the first 22 swimmers signing up for this event. You must provide your own lap counter. Seeding is fastest to slowest regardless of age or gender. This event may be reseeded after check-in.

Check in and Relays: There will be a check in table. Please check in upon arrival. All relays will be deck-seeded. If you are interested in being on a relay, check the box for "available for this relay" on the on-line event entry form (or on paper form, fill out "relay interest" portion). Individuals expressing interest in relays will be assigned to relays if there are enough swimmers available. There will be 10-minute breaks after the relays (if requested by relay swimmers) to accommodate those with individual events right after the relays. Positive check in will be required for the 500 and 1650 Free. 1650 Free swimmers will need to check in by 7:00 P.M. on Friday and 500 Free swimmers must check in by 10:30 A.M. on Saturday. If you are going to scratch an event please do so at check-in.

Awards: Top three overall teams, gender/age-group highpoint, and ribbons for 1st - 8th place in each age-group by gender

Annual Meeting: The pizza party and annual meeting will immediately follow the meet on Saturday.

Order of business:

1. Roll Call.
2. Reading and adoption of 2011 minutes.
3. Reports of Officers
Chairperson, Vice-Chair/Secretary, Treasurer
4. Reports of Committees - Registrar, Top Ten, Sanctions, Officials, Coaches, Webmaster, Convention, Scholarship
5. Unfinished Business
6. New Business
 - A. Check-Off Challenge
 - B. 2013 Zone Open Water Championships
 - C. By-Laws Review
 - D. Monetary donations / advertising to support AKMS
 - E. Fitness Chair position
7. Resolutions and Orders
8. Adjournment

Alaska Masters Short Course Yards State Championship
 Bartlett Pool – Anchorage, Alaska
10-11 February 2012
 Sanctioned by AKMS for USMS, Inc. Sanction # 5612-001
ENTRY FORM

Name: _____ Phone#: _____

Address: _____ Email: _____

Age: _____ Birthday: _____ Male Female

Workout Group: _____ Coach: _____

Note: you **must be registered** with the workout group for which you intend to compete by the electronic meet entry deadline in order to compete for that workout group.

USMS#: _____ Include a copy of your **2012 registration** card.

Emergency Contact: _____ Phone#: _____

The Meet Entry Coordinator must receive **Paper** entry forms, along with a meet fee of \$32, **by 10:00 PM, Monday, 6 February** or a late fee of \$40 will be charged. **ANY** entries received after the electronic entry deadline (**Midnight, 8 February**) will not be eligible for team points. Entries received after the electronic entry deadline will not be eligible for individual or team points

Meet Entry Coordinator: Ken Winterberger, 3000 Capstan Drive, Anchorage, AK 99516-3509

Submit one check payable to **Alaska Masters Swimming (AKMS)** for all applicable fees. You must include a seed time for each individual event. Circle the appropriate event # for each event that you sign up for and write your seed time beside that.

		FRIDAY 10 Feb.				SATURDAY 11 Feb.	
<u>Seed Time</u>		<u>Event</u>		<u>Seed Time</u>		<u>Event</u>	
	1	800 Women's Free Relay			18	200 Women's Free Relay	
	2	800 Men's Free Relay			19	200 Men's Free Relay	
	3	800 Mixed Free Relay			20	200 Mixed Free Relay	
	4	200 Women's Medley Relay			21	500 Free	
	5	200 Men's Medley Relay			22	200 IM	
	6	200 Mixed Medley Relay			23	100 Free	
	7	100 IM			24	200 Breast	
	8	200 Fly			25	50 Back	
	9	100 Breast			26	200 Free	
	10	50 Free			27	100 Fly	
	11	400 IM			28	200 Back	
	12	100 Back			29	50 Breast	
	13	50 Fly			30	400 Women's Medley Relay	
	14	400 Women's Free Relay			31	400 Men's Medley Relay	
	15	400 Men's Free Relay			32	400 Mixed Medley Relay	
	16	400 Women's Free Relay					
	17	1650 Free					

****Men, Women, Mixed Relay - please mark "X" if you are interested in swimming a relay.**

Alaska Masters Short Course Yards State Championship
Bartlett Pool – Anchorage, Alaska
10-11 February 2012
Sanctioned by AKMS for USMS, Inc. Sanction # 5612-001
ENTRY FORM
-continued-

FEES

Meet Entry \$ 32.00

Pizza Party - \$7 per person x _____ # of persons \$ _____

Total Fees Enclosed \$ _____

Make checks payable to Alaska Masters Swimming

Remember: Be sure to include a copy of your current 2012 USMS registration card.

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEET OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

Printed Name _____

Signature _____ Date _____

This form must be signed or you will not be allowed to swim. Thanks.