

## WOMEN 18-24

### 50 free

1. Tara Davis	26.05	2/1/87
2. Shannon Pinquoch	26.26	2/18/95
3. Jenny Lessner	26.27	2/1/00
4. Holly Roberts	27.09	2/15/03
5. Liz Ziegler	27.36	2/15/03
6. Gina Lapekas	27.80	2/15/03
7. Stephanie Lambe	27.84	2/19/05
8. Kate Kuhns	27.86	2/16/01
9. Angie Taggart	28.46	2/14/98
10. Jodi Cox	28.55	2/2/96

### 100 free

1. Tara Davis	55.92	2/1/87
2. Shannon Pinquoch	57.77	2/18/95
3. Jenny Lessner	58.29	2/1/00
4. Gina Lapekas	58.64	1/16/05
5. Bryn Winterberger	1:01.80	2/18/11
6. Kate Kuhns	1:01.99	2/17/01
7. Stephanie Lambe	1:02.12	2/18/05
8. Liz Ziegler	1:02.22	2/14/03
9. Ginger Janis	1:03.11	2/18/95
10. Jennifer Lau	1:03.86	2/13/99

### 200 free

1. Tara Davis	2:04.76	2/1/87
2. Samantha Royer	2:05.40	2/17/95
3. Shannon Pinquoch	2:06.23	2/17/95
4. Gina Lapekas	2:10.87	1/15/05
5. Stacey Moore	2:12.30	2/17/06
6. Jenny Lessner	2:13.07	2/1/00
7. Rhea Becke	2:13.38	2/16/02
8. Britta Christensen	2:16.51	5/17/07
9. Julie Melpolder	2:23.42	2/27/09
10. Megan Beattie	2:24.39	5/17/07

### 500 free

1. Samantha Royer	5:34.88	2/17/95
2. Anne O'Brien	5:44.08	1/18/94
3. Gina Lapekas	5:53.23	2/14/03
4. Rhea Becke	6:00.86	2/15/02
5. Stacey Moore	6:00.89	2/17/06
6. Becky Steer	6:06.98	2/13/98
7. Helen Ruckstuhl	6:15.19	2/1/96
8. Britta Christensen	6:21.92	2/17/06
9. Megan Beattie	6:25.57	5/19/07
10. Julie Melpolder	6:28.96	2/28/09

### 1000 free

1. Samantha Royer	11:41.46	2/18/95
2. Shannon Pinquoch	12:01.08	2/18/95
3. Annie Haxby	12:35.97	5/9/96
4. Julie Melpolder	13:16.61	2/27/09
5. Megan Beattie	13:30.55	5/17/07
6. Jessica Shoemaker	13:48.70	2/18/11
7. Cindy Jones	14:20.80	2/20/93
8. Cilia Howe	16:44.71	2/12/99
9.		
10.		

### 1650 free

1. Rebecca Nash	20:53.29	2/1/00
2. Gina Lapekas	21:10.49	2/15/03
3. Becky Steer	21:14.98	2/14/98
4. Britta Christensen	21:15.97	5/17/07
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### 50 back

1. Patrice Cucullu	32.29	2/1/90
2. Rebecca Lathrop	32.35	2/1/00
3. Kate Kuhns	32.36	2/17/01
4. Jenny Lessner	32.58	2/1/00
5. Amy Lambe	32.87	2/18/05
6. Britta Christensen	33.93	2/17/06
7. Elizabeth Holland	34.08	2/1/96
8. Savannah Ericksen	34.32	2/18/11
9. Jacquelyn Forster	34.77	2/16/02
10. Jennifer Lau	35.72	2/13/99

### 100 back

1. Anne O'Brien	1:08.09	1/19/94
2. Rebecca Lathrop	1:10.12	2/1/00
3. Amy Lambe	1:10.98	2/19/05
4. Elizabeth Holland	1:11.73	5/10/96
5. J. Richardson-Rossbach	1:13.17	2/29/08
6. Savannah Ericksen	1:13.36	2/18/11
7. Becky Steer	1:13.81	2/14/98
8. Ginger Janis	1:14.75	2/18/95
9. Britta Christensen	1:14.84	2/17/06
10. Jacquelyn Forster	1:15.53	2/15/02

### 200 back

1. Rebecca Lathrop	2:31.76	2/19/00
2. Julie Melpolder	2:39.95	2/28/09
3. Ginger Janis	2:41.84	2/17/95
4. Savannah Ericksen	2:42.02	2/18/11
5. Jacquelyn Forster	3:02.78	2/13/98
6.		
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10.		

### 50 breast

1. Liz Gibbs	33.28	2/19/93
2. Anne O'Brien	33.91	2/17/95
3. Holly Roberts	34.16	2/14/03
4. Helen Ruckstuhl	35.20	2/1/96
5. Bryn Winterberger	36.04	2/18/11
6. Kate Kuhns	37.09	2/17/01
7. Elizabeth Holland	37.18	2/1/96
8. Liz Ziegler	37.70	2/14/03
9. Rhea Becke	38.76	2/16/02
10. Angie Taggart	39.04	2/13/98

### 100 breast

1. Anne O'Brien	1:12.17	1/19/94
2. Holly Roberts	1:13.73	2/14/03
3. Liz Gibbs	1:14.09	2/20/93
4. Rebecca Nash	1:16.07	2/1/00
5. Stacey Moore	1:17.24	2/17/06
6. Helen Ruckstuhl	1:17.43	2/2/96
7. Elizabeth Holland	1:18.52	5/11/96
8. Ginger Janis	1:18.86	2/18/95
9. Elizabeth Johnsen	1:18.99	2/14/03
10. Kate Kuhns	1:19.98	2/16/01

### 200 breast

1. Samantha Royer	2:39.30	2/18/95
2. Holly Roberts	2:39.36	2/14/03
3. Liz Gibbs	2:44.02	1/19/94
4. Rebecca Nash	2:46.81	2/1/00
5. Stacey Moore	2:48.42	2/17/06
6. Jane Leblond	2:49.68	2/14/98
7. Elizabeth Johnsen	2:54.71	1/14/03
8.		
9.		
10.		

### 50 fly

1. Shannon Pinquoch	28.87	2/17/95
2. Liz Gibbs	29.30	2/20/93
3. Jenny Lessner	30.15	2/1/00
4. Holly Roberts	30.17	2/15/03
5. Jodi Cox	30.47	2/1/96
6. Rhea Becke	30.47	2/15/02
7. Stephanie Lambe	31.02	2/18/05
8. Kathy Brown	31.13	2/19/93
9. Elizabeth Holland	32.04	5/10/96
10. Liz Ziegler	32.62	2/2/96

### 100 fly

1. Tara Davis	1:04.51	2/1/87
2. Liz Gibbs	1:06.36	2/19/93
3. Shannon Pinquoch	1:06.43	2/17/95
4. Rebecca Nash	1:09.02	2/1/00
5. Jodi Cox	1:12.56	2/1/96
6. Gina Lapekas	1:14.27	2/14/03
7. Julie Melpolder	1:14.36	2/28/09
8. Stephanie Lambe	1:15.64	2/19/93
9. Carolyn Farmer	1:19.22	2/18/11
10. R. Morrison	1:22.17	3/1/08

### 200 fly

1. Janna Endell	2:18.52	3/1/90
2. Gina Lapekas	2:46.14	1/15/05
3. Carolyn Farmer	2:53.02	2/27/10
4.		
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10.		

### 100 IM

1. Liz Gibbs	1:05.35	2/20/93
2. Cheryl Matyas	1:06.50	1/19/94
3. Anne O'Brien	1:06.86	2/18/95
4. Laurie Abrams	1:07.69	1/9/94
5. Rebecca Nash	1:08.01	2/1/00
6. Bryn Winterberger	1:09.43	2/18/11
7. Jenny Lessner	1:09.55	2/1/00
8. Helen Ruckstuhl	1:10.11	2/2/96
9. Kate Kuhns	1:11.23	2/16/01
10. Britta Christensen	1:11.87	5/19/07

### 200 IM

1. Samantha Royer	2:22.56	2/17/95
2. Anne O'Brien	2:23.90	1/18/94
3. Stacey Moore	2:23.90	2/17/06
4. Rebecca Nash	2:30.19	2/1/00
5. Helen Ruckstuhl	2:30.65	2/1/96
6. Ginger Janis	2:31.27	2/17/95
7. Rhea Becke	2:32.30	2/16/02
8. Gina Lapekas	2:34.76	1/16/05
9. Stephanie Lambe	2:39.58	2/18/95
10. Amy Lambe	2:39.68	2/18/05

### 400 IM

1. Samantha Royer	5:03.21	2/18/95
2. Stacey Moore	5:08.66	2/17/06
3. Liz Gibbs	5:11.20	2/20/93
4. Rhea Becke	5:20.28	2/15/02
5. Becky Steer	5:31.57	2/12/99
6. Jennifer Lau	5:58.97	2/12/99
7. Melissa Stahlecker	7:01.02	2/1/00
8.		
9.		
10.		

## WOMEN 25-29

### 50 free

1. Barbara Misener	26.06	2/1/96
2. Laurie Abrams	26.19	2/20/93
3. <b>Tara Craytor</b>	<b>26.41</b>	<b>2/18/11</b>
4. Shannon Titzel	26.88	5/16/97
5. S. Mohwinkel-Fleming	26.90	5/18/01
6. Mia Costello	27.05	2/15/97
7. Christine Haslam	27.25	4/29/00
8. <b>Liz O'Dell</b>	<b>27.34</b>	<b>2/26/10</b>
9. Christine Allocco	27.51	5/16/97
10. Ann Sands	27.60	2/15/97

### 100 free

1. Laurie Abrams	57.31	1/18/94
2. Mia Costello	57.37	5/16/97
3. Barbara Misener	57.49	2/2/96
4. S. Mohwinkel-Fleming	58.23	5/18/01
5. Shannon Titzel	58.56	2/15/97
6. <b>Tara Craytor</b>	<b>58.58</b>	<b>2/18/11</b>
7. Anne O'Brien	58.92	2/15/97
8. <b>Gina Taylor</b>	<b>59.13</b>	<b>2/27/10</b>
9. <b>Liz O'Dell</b>	<b>59.34</b>	<b>2/27/10</b>
10. Claire Norton-Cruz	59.57	2/28/09

### 200 free

1. Barbara Misener	2:04.88	2/17/95
2. Laurie Abrams	2:06.35	2/19/93
3. Samantha Royer	2:06.38	2/1/96
4. Mia Costello	2:07.60	5/16/97
5. Anne O'Brien	2:08.45	5/16/97
6. Kristi Neptun	2:08.53	2/17/06
7. Jamie Evans	2:08.66	2/27/09
8. Shannon Titzel	2:09.65	5/16/97
9. <b>Gina Taylor</b>	<b>2:10.19</b>	<b>2/26/10</b>
10. Holly Willman	2:12.62	2/29/08

### 500 free

1. Samantha Royer	5:35.64	2/1/96
2. S. Mohwinkel-Fleming	5:38.35	5/18/01
3. Mia Costello	5:41.62	2/14/97
4. Paige von Hofen	5:48.65	2/16/07
5. Janna Fierro	5:49.49	2/19/93
6. <b>Gina Taylor</b>	<b>5:50.25</b>	<b>2/27/10</b>
7. Shannon Titzel	5:52.64	5/16/97
8. Alison Meadow	5:53.53	2/15/02
9. Rebecca Nash	5:57.93	2/16/01
10. Becky Steer	6:03.31	2/16/01

### 1000 free

1. Laurie Abrams	11:40.92	2/20/93
2. Samantha Royer	11:45.39	2/15/97
3. Paige von Hofen	12:06.63	2/17/06
4. <b>Gina Taylor</b>	<b>12:24.86</b>	<b>2/26/10</b>
5. <b>Tara Craytor</b>	<b>12:48.95</b>	<b>2/18/11</b>
6. Janet Rumble	12:55.82	5/15/97
7. Jamie Evans	13:31.64	2/27/09
8. Christina Lindh	13:31.71	2/27/09
9. <b>Aimee Rathbun</b>	<b>14:19.03</b>	<b>2/18/11</b>
10. Gretchen Chamberlain	14:27.87	2/29/08

### 1650 free

1. Samantha Royer	19:18.87	2/2/96
2. Laurie Abrams	19:59.28	1/19/94
3. <b>Gina Taylor</b>	<b>20:29.94</b>	<b>2/26/10</b>
4. Alison Meadow	20:41.86	2/20/03
5. Anne O'Brien	20:41.93	2/1/00
6. Janna Fierro	21:10.71	2/2/96
7. Janet Rumble	22:43.24	2/2/96
8. Shana Newpher	22:47.70	2/15/03
9. <b>Jamie Evans</b>	<b>23:26.27</b>	<b>2/27/10</b>
10. <b>Emily Locke</b>	<b>24:59.01</b>	<b>2/27/10</b>

### 50 back

1. Elise Selz	29.40	2/1/96
2. Cheryl Matyas	30.16	1/18/94
3. Laurie Abrams	31.29	2/19/93
4. Ann Sands	31.45	2/14/97
5. Christine Haslam	31.60	4/29/00
6. <b>Sarah Resseguie</b>	<b>32.87</b>	<b>2/18/11</b>
7. K. Van Enkenvoort	33.53	2/14/03
8. Jennifer Fredericks	33.63	2/13/04
9. Christine Allocco	33.73	2/14/97
10. Christina Lindh	33.76	2/28/09

### 100 back

1. Elise Selz	1:04.90	2/2/96
2. Laurie Abrams	1:06.28	2/20/93
3. Christine Haslam	1:06.87	4/28/00
4. Jacquelyn Forster	1:11.29	4/30/03
5. <b>Sarah Resseguie</b>	<b>1:11.79</b>	<b>2/18/11</b>
6. Janet Rumble	1:13.28	5/16/97
7. <b>J. Richardson-Rossbach</b>	<b>1:13.73</b>	<b>2/18/11</b>
8. <b>Christina Lindh</b>	<b>1:13.87</b>	<b>2/26/10</b>
9. Maria Reidel	1:13.93	2/12/99
10. Janna Fierro	1:14.92	1/18/94

### 200 back

1. Elise Selz	2:18.85	2/1/96
2. Nan Werdin	2:28.57	2/1/00
3. Rebecca Nash	2:34.46	2/17/01
4. <b>Sarah Resseguie</b>	<b>2:34.88</b>	<b>2/18/11</b>
5. <b>J. Richardson-Rossbach</b>	<b>2:39.32</b>	<b>2/18/11</b>
6. Jacquelyn Forster	2:39.64	2/18/05
7. Janet Rumble	2:41.40	1/18/94
8. S. O'Fallon	2:44.15	1/18/94
9. <b>Aimee Rathbun</b>	<b>2:46.89</b>	<b>2/18/11</b>
10. Kathy Clark	2:50.45	2/13/99

### 50 breast

1. Mia Costello	32.93	2/14/97
2. Barbara Misener	33.06	2/1/96
3. Anne O'Brien	33.13	2/14/97
4. Paige von Hofen	35.43	2/17/06
5. <b>Monica Ulmer</b>	<b>35.91</b>	<b>2/18/11</b>
6. Vickie Hauff	36.19	2/1/96
7. Maria Reidel	36.20	2/13/99
8. Ann Sands	36.26	2/14/97
9. Jennifer Gervais	36.71	2/13/98
10. Elizabeth Johnsen	36.75	2/13/04

### 100 breast

1. Mia Costello	1:10.93	2/15/97
2. Anne O'Brien	1:11.47	2/15/97
3. Samantha Royer	1:13.44	5/16/97
4. Elise Selz	1:14.24	2/15/97
5. Stacey Cilia	1:15.88	5/1/08
6. Paige von Hofen	1:16.11	2/29/08
7. Maria Reidel	1:17.27	2/13/99
8. Rebecca Nash	1:17.37	4/30/00
9. <b>Monica Ulmer</b>	<b>1:18.73</b>	<b>2/18/11</b>
10. <b>Liz O'Dell</b>	<b>1:19.09</b>	<b>2/27/10</b>

### 200 breast

1. Samantha Royer	2:36.87	5/16/97
2. Mia Costello	2:41.06	5/16/97
3. Elise Selz	2:42.93	2/15/97
4. Stacey Cilia	2:45.55	5/2/08
5. Rebecca Nash	2:48.63	2/17/01
6. Jane Leblond	2:52.51	2/1/00
7. <b>Monica Ulmer</b>	<b>2:56.48</b>	<b>2/18/11</b>
8. <b>Andrea Kettler</b>	<b>2:58.99</b>	<b>2/26/10</b>
9. Maggie Rocheleau	3:05.71	2/17/06
10. Kris Hall	3:06.75	2/18/95

### 50 fly

1. Cheryl Matyas	27.48	1/18/94
2. Barbara Misener	27.86	2/1/96
3. Claire Norton-Cruz	28.90	2/28/09
4. Paige von Hofen	29.67	2/16/07
5. Shannon Titzel	29.73	5/16/97
6. Jennifer Gervais	29.80	2/13/98
7. Janna Fierro	30.88	2/19/93
8. S. Mohwinkel-Fleming	31.04	2/16/01
9. Elizabeth Kerns	31.10	2/17/95
10. <b>Christina Lindh</b>	<b>31.13</b>	<b>2/27/10</b>

### 100 fly

1. Barbara Misener	1:01.55	2/1/96
2. Cheryl Matyas	1:02.76	1/18/94
3. Nan Werdin	1:04.12	2/1/00
4. S. Mohwinkel-Fleming	1:05.45	5/18/01
5. Shannon Titzel	1:06.08	5/16/97
6. Paige von Hofen	1:06.70	2/17/07
7. Janna Fierro	1:07.90	2/19/93
8. Jennifer Gervais	1:09.24	2/13/98
9. Rebecca Nash	1:09.04	4/30/00
10. Brenda Avery	1:09.97	2/17/95

### 200 fly

1. Barbara Misener	2:22.63	2/18/95
2. S. Mohwinkel-Fleming	2:27.78	5/18/01
3. Janna Fierro	2:30.67	2/20/93
4. Shannon Titzel	2:32.37	2/15/97
5. Jennifer Gervais	2:36.46	2/14/98
6. Brenda Avery	2:38.54	1/19/94
7. <b>Christina Lindh</b>	<b>2:51.89</b>	<b>2/27/10</b>
8. <b>J. Richardson-Rossbach</b>	<b>3:05.87</b>	<b>2/18/11</b>
9.		
10.		

### 100 IM

1. Barbara Misener	1:04.06	2/2/96
2. Elise Selz	1:05.17	2/14/98
3. Anne O'Brien	1:06.38	2/15/07
4. Cheryl Matyas	1:06.50	1/19/94
5. Laurie Abrams	1:07.69	1/19/94
6. Stacey Cilia	1:08.61	5/3/08
7. Paige von Hofen	1:08.70	2/17/06
8. <b>Liz O'Dell</b>	<b>1:09.34</b>	<b>2/26/10</b>
9. Claire Norton-Cruz	1:09.59	2/27/09
10. Rebecca Nash	1:09.52	4/30/00

### 200 IM

1. Elise Selz	2:18.26	2/13/98
2. Barbara Misener	2:20.97	2/17/95
3. Anne O'Brien	2:21.05	2/14/97
4. Mia Costello	2:21.58	2/14/97
5. Samantha Royer	2:23.22	2/1/96
6. Laurie Abrams	2:25.18	1/18/94
7. Paige von Hofen	2:27.20	2/29/08
8. Samantha Royer	2:27.28	2/13/98
9. Nan Werdin	2:28.73	2/1/00
10. Stacey Cilia	2:28.81	5/4/08

### 400 IM

1. Elise Selz	4:58.35	2/14/98
2. Samantha Royer	5:02.75	2/2/96
3. Barbara Misener	5:09.95	2/18/95
4. Stacey Cilia	5:16.46	5/4/08
5. Rebecca Nash	5:19.19	2/16/01
6. Anne O'Brien	5:20.11	2/1/00
7. Paige von Hofen	5:20.60	2/17/06
8. Holly Willman	5:21.30	3/1/08
9. Becky Steer	5:23.44	2/16/01
10. Brenda Avery	5:27.10	1/19/94

## WOMEN 30-34

### 50 free

1. Kathleen Blandford	25.08	5/15/02
2. Lauren Hasselquist	25.28	5/1/90
3. Shannon Titzel	26.44	2/19/05
4. B. Misener-Murray	26.79	2/16/01
5. Mia Costello	26.89	2/1/00
6. Mimi Cook	27.16	2/1/00
7. Kristi Neptun	27.19	2/17/06
8. Rene Akre	27.25	2/2/96
9. <b>Kristi Neptun</b>	<b>27.46</b>	<b>2/26/10</b>
10. Corise Story	27.59	2/27/09

### 100 free

1. Kathleen Blandford	55.32	5/1/02
2. Lauren Hasselquist	55.38	5/1/90
3. Melinda Grieg	55.50	3/1/90
4. Laurie Abrams	57.36	2/18/95
5. Mia Costello	57.45	2/1/00
6. B. Misener-Murray	57.77	2/17/01
7. <b>Kristi Neptun</b>	<b>58.53</b>	<b>2/27/10</b>
7. Mimi Cook	58.66	2/1/00
8. Shannon Titzel	58.84	2/18/05
9. <b>Angela Elmore</b>	<b>1:00.61</b>	<b>2/27/10</b>
10. E. Dali Tutag	1:00.63	2/1/00

### 200 free

1. Melinda Grieg	2:01.70	3/1/00
2. Barbara Misener	2:03.43	5/16/97
3. Mia Costello	2:08.21	2/13/98
4. Kristi Neptun	2:10.54	2/17/07
5. <b>Angela Elmore</b>	<b>2:12.07</b>	<b>2/26/10</b>
6. Nancy Howe	2:14.84	2/13/98
7. Anne O'Brien	2:15.17	2/19/05
8. Beth Larsen	2:15.84	2/1/00
9. Annie Haxby	2:16.64	5/10/96
10. Shannon Titzel	2:18.99	2/20/03

### 500 free

1. Lynn Fischer	5:32.34	1/18/94
2. Barbara Murray	5:40.32	2/1/00
3. Mia Costello	5:44.73	2/15/02
4. Laurie Abrams	5:45.39	2/17/95
5. Mimi Cook	5:48.72	2/1/00
6. <b>Angela Elmore</b>	<b>5:57.15</b>	<b>2/27/10</b>
7. Kristi Neptun	5:57.76	2/16/07
8. Shannon Titzel	5:59.04	2/13/04
9. Janet Rumble	6:01.12	2/15/02
10. Brenda Avery	6:04.68	2/1/96

### 1000 free

1. Barbara Misener	12:02.76	2/15/97
2. Laurie Abrams	12:07.79	2/18/95
3. Mia Costello	12:08.81	2/12/99
4. Annie Haxby	12:35.97	5/9/96
5. Anne O'Brien	12:41.28	2/14/04
6. Tricia DePue	12:51.50	2/27/09
7. Janet Rumble	12:55.90	2/12/99
8. <b>Christina Lindh</b>	<b>13:45.97</b>	<b>2/18/11</b>
9. <b>Ginger Schaaf</b>	<b>14:47.77</b>	<b>2/18/11</b>
10. Shirley Haney	16:30.42	2/20/93

### 1650 free

1. Lynn Fischer	19:02.77	1/19/94
2. Barbara Murray	20:12.13	2/1/00
3. Janna Endell	21:17.34	2/1/00
4. Nancy Howe	21:19.15	2/14/98
5. Janet Rumble	21:59.58	2/14/98
6. Debra Foss	23:22.27	1/19/94
7. Barb McMullen	25:08.03	2/14/98
8. Amanda Welsh	28:12.37	2/20/03
9. Rebecca McKee	29:02.92	2/18/05
10. Karen Burch	29:05.40	2/1/00

### 50 back

1. Lauren Hasselquist	28.53	5/1/90
2. Corise Story	30.34	2/28/09
3. Nan Werdin	31.34	2/13/04
4. Marianne Rush	33.43	2/17/95
5. Kelly Piazza	34.06	5/19/07
6. Jessica Van Buren	34.07	2/17/95
7. Anne O'Brien	34.52	2/18/05
8. Janet Rumble	34.82	2/16/02
9. Nancy Howe	34.92	2/13/99
10. Angela Elmore	34.99	3/1/08

### 100 back

1. Lauren Hasselquist	1:03.31	3/1/90
2. Corise Story	1:06.35	2/27/09
3. Lynn Fischer	1:07.03	1/19/94
4. Laurie Abrams	1:07.40	2/18/95
5. Nan Werdin	1:09.10	2/14/04
6. Ginger Schaaf	1:12.83	2/29/08
7. E. Dali Tutag	1:13.49	2/1/00
8. Janet Rumble	1:13.54	2/16/01
9. Nancy Howe	1:14.44	2/12/99
10. Kelly Piazza	1:14.80	5/18/07

### 200 back

1. Lauren Hasselquist	2:19.01	3/1/89
2. Lynn Fischer	2:22.89	1/18/94
3. Laurie Abrams	2:23.49	2/17/95
4. Corise Story	2:24.29	2/28/09
5. Nan Werdin	2:31.55	2/13/04
6. Anne O'Brien	2:35.23	2/18/05
7. Janet Rumble	2:38.74	2/17/01
8. Ginger Schaaf	2:40.38	3/1/08
9. Nancy Howe	2:41.98	2/13/99
10. Michelle Red	2:46.78	2/13/99

### 50 breast

1. Barbara Misener	33.11	2/14/97
2. Mia Costello	33.29	2/13/99
3. Anne O'Brien	34.76	2/19/05
4. Vickie Hauff	36.23	2/17/01
5. Corise Story	36.56	2/28/09
6. Kerry Lyons	37.06	1/18/94
7. Colleen Van Horn	37.22	2/13/99
8. Angela Taggart	37.28	5/18/07
9. Annie Haxby	37.35	2/1/96
10. Jenny Sossamon	38.63	2/16/02

### 100 breast

1. Mia Costello	1:12.06	2/12/99
2. Barbara Misener	1:13.44	2/14/08
3. Anne O'Brien	1:16.31	1/16/05
4. Annie Haxby	1:18.46	5/11/96
5. Kerry Lyons	1:19.34	1/19/94
6. Colleen Van Horn	1:19.96	2/12/99
7. Angela Taggart	1:23.88	5/20/07
8. Jenny Sossamon	1:24.46	2/15/02
9. Kris Hall	1:24.78	2/12/99
10. Betty Wiss	1:26.35	2/15/97

### 200 breast

1. Mia Costello	2:39.59	2/1/00
2. Barbara Misener	2:47.40	2/14/98
3. Annie Haxby	2:51.64	5/10/96
4. Kerry Lyons	2:51.85	1/19/94
5. Vickie Hauff	3:00.52	2/17/01
6. Cindy Carson	3:09.88	2/14/98
7. Erica Richards	3:10.91	2/16/02
8. Catherine Thompson	3:15.86	2/13/04
9. Diane Ruckstuhl	3:50.39	1/19/94
10. Karen Padgett	3:57.74	2/17/01

### 50 fly

1. Kathleen Blandford	26.61	5/15/02
2. Barbara Misener	27.39	5/16/97
3. Mia Costello	29.15	2/1/00
4. Shannon Titzel	29.38	2/18/05
5. Nan Werdin	29.53	2/15/02
6. Laurie Abrams	39.24	2/1/96
7. Brenda Avery	30.76	2/1/96
8. Mimi Cook	30.83	2/1/00
9. Kristi Neptun	30.89	2/16/07
10. Vickie Hauff	31.25	2/20/03

### 100 fly

1. Kathleen Blandford	59.07	5/15/02
2. Barbara Misener	1:00.72	5/16/97
3. Mia Costello	1:04.82	2/1/00
4. Shannon Titzel	1:04.85	2/19/05
5. Susanne Edgmon	1:06.46	2/19/93
6. Nan Werdin	1:06.60	2/13/04
7. Brenda Avery	1:09.76	2/1/96
8. Anne Williams	1:12.65	2/14/97
9. Beth Jurco	1:15.23	2/14/97
10. Jenny Sossamon	1:18.43	2/16/02

### 200 fly

1. Kathleen Blandford	2:11.64	5/15/02
2. Barbara Misener	2:18.67	5/16/97
3. Shannon Titzel	2:26.63	2/18/05
4. Nan Werdin	2:27.57	2/14/04
5. Mia Costello	2:34.40	2/16/01
6. Brenda Avery	2:35.94	2/2/96
7. Ginger Schaaf	2:39.80	2/29/08
8. <b>Christina Lindh</b>	<b>2:53.17</b>	<b>2/18/11</b>
9. Susan Fisk	3:20.62	2/20/93
10.		

### 100 IM

1. Barbara Misener	1:03.24	5/16/97
2. Melinda Grieg	1:05.04	3/1/90
3. Mia Costello	1:06.04	2/14/98
4. Corise Story	1:08.40	2/27/09
5. Susanne Edgmon	1:08.84	2/20/93
6. Shannon Titzel	1:08.89	2/19/05
7. Anne O'Brien	1:10.69	2/14/04
8. Ginger Schaaf	1:10.77	3/1/08
9. Brenda Avery	1:11.14	2/12/99
10. Annie Haxby	1:11.27	2/2/96

### 200 IM

1. Melinda Grieg	2:19.32	3/1/90
2. Barbara Misener	2:20.10	2/13/98
3. Mia Costello	2:21.91	2/13/98
4. Lynn Fischer	2:22.50	1/18/94
5. Susanne Edgmon	2:27.64	2/19/93
6. Nan Werdin	2:31.68	2/16/02
7. Brenda Avery	2:32.81	2/13/99
8. Beth Larsen	2:33.44	2/1/00
9. Ginger Schaaf	2:35.43	2/29/08
10. Angela Elmore	2:37.03	2/29/08

### 400 IM

1. Lynn Fischer	5:01.54	1/19/94
2. Brenda Avery	5:26.32	2/12/99
3. Nan Werdin	5:28.68	2/15/02
4. Ginger Schaaf	5:41.21	3/1/08
5. <b>Christina Lindh</b>	<b>5:50.57</b>	<b>2/18/11</b>
6. Janet Rumble	6:00.76	2/1/00
7. Kris Hall	6:02.38	2/1/00
8. Jennifer Bundy-Cobb	6:07.74	2/15/02
9. Sharon Heidersdorf	7:17.06	2/1/00
10.		

## WOMEN 35-39

### 50 free

1. Mimi Cook	25.76	5/15/02
2. Sheri Schneider	26.10	5/12/96
3. Shannon Titzel	26.36	5/20/07
4. Mia Costello	26.56	2/20/03
5. <b>Tracie Harang</b>	<b>27.25</b>	<b>2/18/11</b>
6. Vickie Hauff	27.75	5/4/08
7. Jane Paris	28.00	2/15/02
8. Christine Tait	28.08	2/19/05
9. Ruth Carter	28.36	5/9/98
10. Samantha Wuttig	28.51	2/29/08

### 100 free

1. Mimi Cook	54.99	5/18/01
2. Sheri Schneider	57.45	5/11/96
3. Shannon Titzel	58.24	5/19/07
4. <b>Tracie Harang</b>	<b>59.37</b>	<b>2/18/11</b>
5. Tani Stenford	59.82	2/17/01
6. Angi Smith	1:01.80	2/17/01
7. Jane Paris	1:02.16	2/19/03
8. Janet Rumble	1:03.51	2/19/03
9. Annie Haxby	1:03.82	2/1/00
10. Tari Lindquist	1:03.82	2/16/02

### 200 free

1. Mimi Cook	1:59.21	5/15/02
2. Tani Stenford	2:04.63	5/15/02
3. Lynn DeGeorge	2:09.47	5/8/98
4. Shannon Titzel	2:10.25	2/17/07
5. <b>Tracie Harang</b>	<b>2:10.54</b>	<b>2/18/11</b>
6. Sheri Schneider	2:10.69	5/10/96
7. Joanne Wainwright	2:16.66	5/1/95
8. Angi Smith	2:16.72	2/17/01
9. Samantha Wuttig	2:16.83	2/29/08
10. Beth Larsen	2:17.52	2/17/01

### 500 free

1. Mimi Cook	5:21.20	5/15/02
2. Tani Stenford	5:39.35	2/15/02
3. Lynn DeGeorge	5:43.51	2/13/98
4. <b>Tracie Harang</b>	<b>5:56.60</b>	<b>2/17/11</b>
5. Shannon Titzel	6:00.16	3/1/08
6. Joanne Wainwright	6:01.23	5/19/95
7. Angi Smith	6:03.09	2/13/98
8. Beth Larsen	6:06.79	2/16/01
9. Annie Haxby	6:09.41	2/1/00
10. Janet Rumble	6:10.83	2/19/03

### 1000 free

1. Mimi Cook	11:07.94	5/17/01
2. Tani Stenford	11:39.39	5/14/02
3. Lynn DeGeorge	11:42.48	5/7/98
4. Shannon Titzel	12:28.67	2/29/08
5. Annie Haxby	12:43.53	4/27/00
6. Samantha Wuttig	12:51.24	2/29/08
7. Joanne Wainwright	12:57.12	2/18/95
8. Elizabeth Einset	13:06.28	2/15/97
9. Angi Smith	13:07.41	2/12/99
10. Stephanie Walden	13:15.77	2/14/04

### 1650 free

1. Mimi Cook	18:46.77	5/15/02
2. Joanne Wainwright	20:46.15	5/18/95
3. Shannon Titzel	20:49.02	2/29/08
4. Angi Smith	20:54.12	2/14/98
5. Elizabeth Einset	21:15.85	5/15/97
6. Samantha Wuttig	21:23.95	2/29/08
7. Janet Rumble	22:04.29	2/20/03
8. D. Stolt-Krichko	23:29.67	2/2/96
9. Patti Kaszuba	23:37.72	2/1/00
10. Nancy Deschu	24:03.79	1/19/94

### 50 back

1. Christine Tait	31.58	2/18/05
2. Tani Stenford	31.92	5/15/02
3. Joanne Wainwright	32.14	1/18/94
4. Tari Lindquist	33.56	2/16/02
5. Jane Paris	33.76	2/19/03
6. Angi Smith	33.81	2/1/00
7. Elizabeth Einset	34.09	2/1/00
8. Anne O'Brien	34.87	2/17/06
9. Ruth Carter	35.33	2/13/98
10. Janet Rumble	35.53	4/30/03

### 100 back

1. Tani Stenford	1:08.88	5/15/02
2. Christine Tait	1:09.35	2/19/05
3. Joanne Wainwright	1:11.13	1/19/94
4. Tari Lindquist	1:11.61	2/15/02
5. Elizabeth Einset	1:12.73	2/1/00
6. Angi Smith	1:13.90	2/12/99
7. <b>Tracie Harang</b>	<b>1:14.55</b>	<b>2/18/11</b>
8. Jane Paris	1:15.59	2/20/03
9. Ruth Carter	1:17.23	5/10/96
10. Diane Ruckstuhl	1:20.57	2/14/98

### 200 back

1. Lynn DeGeorge	2:25.37	2/13/98
2. Tani Stenford	2:26.85	2/16/02
3. Christine Tait	2:28.69	2/18/05
4. Joanne Wainwright	2:29.94	1/18/94
5. Tari Lindquist	2:32.88	2/16/02
6. Elizabeth Einset	2:35.85	5/16/97
7. Angi Smith	2:40.04	2/1/00
8. Ruth Carter	2:49.46	2/1/96
9. Mary Romberg	3:09.43	2/14/97
10. Diane Ruckstuhl	3:22.95	2/18/01

### 50 breast

1. <b>Tabitha Frawley</b>	<b>32.76</b>	<b>2/18/11</b>
2. Mia Costello	33.28	2/19/03
3. Vickie Hauff	34.85	5/3/08
4. <b>Nicki McArthur</b>	<b>35.92</b>	<b>2/18/11</b>
5. Ruth Carter	36.28	2/13/99
6. Annie Haxby	36.33	4/28/00
7. Tina Faulkenberry	38.70	2/17/95
8. P. Brannon-Guthrie	38.72	2/14/97
9. Sharon Purkis	38.00	2/13/04
10. Linda Lyons	39.32	2/13/99

### 100 breast

1. <b>Tabitha Frawley</b>	<b>1:10.00</b>	<b>2/18/11</b>
2. Vickie Hauff	1:16.53	5/1/08
3. Anne O'Brien	1:16.71	2/17/06
4. Samantha Wuttig	1:17.16	2/29/08
5. Ruth Carter	1:17.73	5/9/98
6. <b>Nicki McArthur</b>	<b>1:18.72</b>	<b>2/18/11</b>
7. Melinda Grieg	1:19.41	2/18/95
8. Annie Haxby	1:20.66	4/29/00
9. Beth Larsen	1:25.03	2/16/01
10. Tina Faulkenberry	1:25.23	2/18/95

### 200 breast

1. <b>Tabitha Frawley</b>	<b>2:32.76</b>	<b>2/18/11</b>
2. Ruth Carter	2:48.95	5/10/98
3. Stephanie Walden	3:03.77	2/13/04
4. Vickie Hauff	3:04.75	3/1/08
5. Kristin Permenter	3:15.40	2/19/03
6. Lori Staats	3:18.77	2/18/95
7.		
8.		
9.		
10.		

### 50 fly

1. Shannon Titzel	28.49	5/20/07
2. Mia Costello	29.08	2/20/03
3. <b>Tabitha Frawley</b>	<b>29.39</b>	<b>2/18/11</b>
4. Tani Stenford	29.42	5/15/02
5. Mimi Cook	29.84	4/30/00
6. Jane Paris	30.28	2/14/04
7. P. Brannon-Guthrie	30.54	2/14/99
8. Christine Tait	30.65	2/19/05
9. Vickie Hauff	30.71	5/2/08
10. Stephanie Walden	30.93	2/15/02

### 100 fly

1. Shannon Titzel	1:04.30	5/18/07
2. Mia Costello	1:04.31	4/30/03
3. Mimi Cook	1:07.27	2/13/04
4. P. Brannon-Guthrie	1:08.99	2/13/99
5. Joanne Wainwright	1:09.44	5/19/95
6. Jane Paris	1:09.49	2/13/04
7. Stephanie Walden	1:11.48	2/16/02
8. Christine Tait	1:12.17	2/19/03
9. Ruth Carter	1:12.89	2/13/99
10. <b>Nicki McArthur</b>	<b>1:19.28</b>	<b>2/18/11</b>

### 200 fly

1. Shannon Titzel	2:21.45	5/19/07
2. Joanne Wainwright	2:29.56	5/1/93
3. P. Brannon-Guthrie	2:39.39	5/16/97
4. Ruth Carter	2:58.21	2/18/95
5. Elizabeth Einset	3:04.70	2/14/98
6. Jennifer Skirmont	3:08.80	2/15/02
7. <b>Nicki McArthur</b>	<b>3:11.07</b>	<b>2/18/11</b>
8.		
9.		
10.		

### 100 IM

1. <b>Tabitha Frawley</b>	<b>1:05.06</b>	<b>2/18/11</b>
2. Connie Pavitt	1:07.56	2/1/87
3. Tani Stenford	1:08.50	2/16/01
4. Vickie Hauff	1:09.49	5/3/08
5. Angi Smith	1:10.61	2/14/98
6. Beth Larsen	1:10.79	2/16/01
7. P. Brannon-Guthrie	1:11.41	5/14/99
8. Anne O'Brien	1:11.70	2/17/06
9. Ruth Carter	1:11.75	2/12/99
10. Christine Tait	1:12.04	2/19/05

### 200 IM

1. <b>Tabitha Frawley</b>	<b>2:20.86</b>	<b>2/18/11</b>
2. Mia Costello	2:24.45	2/19/03
3. Tani Stenford	2:24.73	5/15/02
4. Lynn DeGeorge	2:25.76	2/13/98
5. Joanne Wainwright	2:31.75	1/18/94
6. Beth Larsen	2:31.95	2/17/01
7. Shannon Titzel	2:33.93	2/29/08
8. P. Brannon-Guthrie	2:34.62	2/13/99
9. Samantha Wuttig	2:37.03	2/29/08
10. Ruth Carter	2:37.23	5/12/96

### 400 IM

1. Tani Stenford	5:11.09	2/16/01
2. Shannon Titzel	5:14.93	5/18/07
3. Joanne Wainwright	5:23.44	5/19/95
4. Ruth Carter	5:46.66	5/11/96
5. <b>Tracie Harang</b>	<b>5:57.23</b>	<b>2/18/11</b>
6. Stephanie Walden	6:00.16	2/20/03
7. Dawn Allen-Herron	6:55.49	2/14/98
8. Angela Nichols	7:01.61	2/18/95
9. Nancy Kavan	7:28.75	2/14/04
10.		

## WOMEN 40-44

### 50 free

1. Mimi Cook	25.90	5/19/05
2. Ritchie Sonner	27.43	2/1/00
3. Christine Tait	27.66	5/19/05
4. Colny Tucker	28.45	2/2/96
5. Ruth Carter	28.81	2/20/03
6. Jeni Weingartner	28.94	2/12/99
7. Tina Faulkenberry	29.32	2/15/97
8. Suzanne Greenly	29.49	2/16/00
9. Stephanie Martin	29.72	2/20/03
10. Debby Spence	30.28	2/20/03

### 100 free

1. Mimi Cook	55.98	5/19/05
2. Ritchie Sonner	58.80	2/2/96
3. Melinda Grieg	1:01.12	5/9/98
4. Ruth Carter	1:01.75	5/14/99
5. Colny Tucker	1:04.18	2/2/96
6. Joanne Wainwright	1:05.55	2/1/00
7. Stephanie Martin	1:05.78	2/14/03
8. Mary Sweat	1:05.90	2/14/98
9. Libby Burgess	1:06.45	2/14/98
10. Patti Kaszuba	1:08.04	2/16/02

### 200 free

1. Mimi Cook	2:02.10	5/19/05
2. Joanne Wainwright	2:15.37	5/10/98
3. Ritchie Sonner	2:17.19	2/1/96
4. Mary Sweat	2:18.22	2/13/98
5. Stephanie Martin	2:23.27	2/20/03
6. Anna Borland	2:29.41	2/13/98
7. Patti Kaszuba	2:31.89	2/16/02
8. Cathie Mullen	2:34.24	2/20/03
9. Barbara McMullen	2:34.47	2/17/07
10. Karen Jettmar	2:38.75	2/19/93

### 500 free

1. Mimi Cook	5:36.34	5/19/05
2. Mary Sweat	5:53.88	5/8/98
3. Joanne Wainwright	5:57.37	5/16/97
4. Stephanie Martin	6:18.71	5/19/03
5. Elizabeth Einset	6:28.13	2/19/03
6. Libby Burgess	6:30.64	2/13/98
7. Cathie Mullen	6:43.38	2/19/03
8. Monique Prozeralik	6:47.71	2/19/03
9. Barbara McMullen	6:53.33	2/16/07
10. Robin Murphy	6:55.70	2/16/07

### 1000 free

1. Mimi Cook	11:39.59	2/18/06
2. Mary Sweat	12:13.24	5/7/98
3. Joanne Wainwright	12:25.59	2/15/97
4. Barbara McMullen	14:30.61	2/17/07
5. Karen Jettmar	14:48.11	2/20/93
6. Ginny Wright	15:07.20	2/15/97
7. Lupe Marroquin	15:31.24	2/15/97
8. Laura Brainard	15:57.03	2/27/09
9. Mireya De La Pena	16:03.93	2/27/09
10. Danelle Winn	16:04.66	2/18/11

### 1650 free

1. Mimi Cook	19:30.75	2/17/07
2. Mary Sweat	20:14.55	4/27/00
3. Joanne Wainwright	20:42.51	5/15/97
4. Melinda Grieg	21:16.52	2/1/00
5. Elizabeth Einset	23:01.04	2/20/03
6. Robin Murphy	23:50.96	2/17/07
7. Barbara McMullen	23:59.61	2/17/07
8. Ginny Wright	27:04.47	2/2/96
9. Nell Loftin	27:04.61	2/2/96
10. Ellyn Brown	27:31.81	2/2/96

### 50 back

1. Christine Tait	30.79	5/4/08
2. Ritchie Sonner	32.17	5/16/97
3. Elizabeth Einset	33.78	5/19/03
4. Debbie Alston-Wright	34.37	2/13/98
5. Debby Spence	35.67	2/19/03
6. Ruth Carter	35.96	2/16/02
7. Suzanne Greenly	36.41	2/16/02
8. Bridget McMullen	37.02	2/18/11
9. Barbara McMullen	40.33	2/17/06
10. Ellyn Brown	40.65	2/14/97

### 100 back

1. Christine Tait	1:06.51	5/2/08
2. Ritchie Sonner	1:09.85	5/16/97
3. Melinda Grieg	1:10.30	2/12/99
4. Elizabeth Einset	1:12.66	2/20/03
5. Jeni Weingartner	1:14.75	2/12/99
6. Debbie Alston-Wright	1:15.32	2/14/98
7. Bridget McMullen	1:18.19	2/18/11
8. Libby Burgess	1:20.09	2/14/98
9. Cathie Mullen	1:25.47	2/20/03
10. Robin Murphy	1:29.72	2/29/08

### 200 back

1. Christine Tait	2:22.61	5/3/08
2. Melinda Grieg	2:31.11	5/8/98
3. Ritchie Sonner	2:37.89	2/13/98
4. Elizabeth Einset	2:38.28	2/19/03
5. Joanne Wainwright	2:41.49	2/13/98
6. Bridget McMullen	2:48.15	2/18/11
7. Ginny Wright	3:16.33	2/14/97
8. Ellyn Brown	3:19.91	2/14/97
9. Nell Loftin	3:30.83	1/18/94
10. Ginny McDowell	3:31.03	2/17/95

### 50 breast

1. Peggy Brannon	36.32	2/16/02
2. Ruth Carter	36.40	5/16/99
3. Monique Prozeralik	37.39	5/19/06
4. Karen Jettmar	38.01	2/13/93
5. Jennie Sharpe	39.54	2/19/99
6. Debbie Alston-Wright	39.64	2/16/97
7. Tina Faulkenberry	39.72	2/16/97
8. Diana Chaudary	39.83	2/17/02
9. Robin Murphy	40.68	2/16/07
10. Mary Janis	41.04	2/19/05

### 100 breast

1. Peggy Brannon	1:16.68	5/15/02
2. Melinda Grieg	1:18.00	2/12/99
3. Ruth Carter	1:19.48	5/14/99
4. Monique Prozeralik	1:22.43	2/17/06
5. Debbie Alston-Wright	1:24.39	2/14/98
6. Diana Chaudary	1:25.59	2/15/02
7. Tina Faulkenberry	1:26.31	2/15/97
8. Robin Murphy	1:27.40	2/17/07
9. Barbara McMullen	1:28.83	2/17/07
10. Anna Borland-Ivy	1:29.33	2/12/99

### 200 breast

1. Peggy Brannon	2:44.58	5/15/02
2. Ruth Carter	2:50.71	5/14/99
3. Joanne Wainwright	2:52.22	5/16/97
4. Monique Prozeralik	3:00.11	2/13/04
5. Tina Faulkenberry	3:07.37	2/15/97
6. Diana Chaudary	3:08.98	2/16/02
7. Lori Staats-Cahill	3:04.48	2/13/99
8. Robin Murphy	3:10.99	2/26/10
9. Ginny Wright	3:23.60	2/2/96
10. Kari Einset	3:26.85	2/19/03

### 50 fly

1. Peggy Brannon	29.17	5/15/02
2. Christine Tait	29.17	5/2/08
3. Ruth Carter	30.13	5/14/99
4. Mimi Cook	30.69	2/17/06
5. Ritchie Sonner	30.76	2/12/99
6. Brenda Avery	31.33	2/27/10
7. Anne Williams	31.84	2/28/09
8. Melinda Grieg	32.03	2/13/98
9. Joanne Wainwright	32.21	2/1/96
10. Colny Tucker	32.33	2/1/96

### 100 fly

1. Peggy Brannon	1:06.35	5/15/02
2. Joanne Wainwright	1:08.05	5/12/96
3. Ritchie Sonner	1:08.21	5/13/99
4. Brenda Avery	1:11.37	2/26/10
5. Anna Borland-Ivy	1:16.75	2/13/99
6. Libby Burgess	1:20.67	2/13/98
7. Colny Tucker	1:22.14	2/2/96
8. Andrea Elconin	1:34.05	2/13/04
9. Peggy Spittler	1:38.16	2/1/00
10. Nell Loftin	1:40.35	2/19/93

### 200 fly

1. Joanne Wainwright	2:30.46	5/11/96
2. Peggy Brannon	2:33.11	5/15/02
3. Brenda Avery	2:35.01	2/27/10
4. Ruth Carter	2:51.66	2/1/00
5. Sandy Powers	3:37.12	2/14/98
6.		
7.		
8.		
9.		
10.		

### 100 IM

1. Peggy Brannon	1:07.45	5/15/02
2. Melinda Grieg	1:09.30	5/1/98
3. Ritchie Sonner	1:10.06	2/2/96
4. Christine Tait	1:10.66	2/27/09
5. Ruth Carter	1:12.79	4/30/00
6. Joanne Wainwright	1:13.15	2/2/96
7. Jeni Winegamer	1:13.99	2/12/99
8. Brenda Avery	1:14.30	2/26/10
9. Monique Prozeralik	1:15.54	2/20/03
10. Debby Spence	1:15.87	2/20/03

### 200 IM

1. Christine Tait	2:29.00	5/4/08
2. Melinda Grieg	2:29.97	5/1/98
3. Joanne Wainwright	2:32.85	5/12/96
4. Ruth Carter	2:33.91	5/14/99
5. Ritchie Sonner	2:36.27	2/1/00
6. Brenda Avery	2:36.45	2/27/10
7. Stephanie Martin	2:47.83	2/19/03
8. Monique Prozeralik	2:51.02	2/17/06
9. Bridget McMullen	2:52.33	2/18/11
10. Debby Spence	2:53.62	2/19/03

### 400 IM

1. Joanne Wainwright	5:19.86	1/1/97
2. Christine Tait	5:26.10	5/4/08
3. Brenda Avery	5:30.43	2/26/10
4. Melinda Grieg	5:34.94	2/16/01
5. Stephanie Martin	5:57.13	2/20/03
6. Bridget McMullen	6:05.74	2/18/11
7. Anna Borland	6:11.16	2/14/98
8. Monique Prozeralik	6:12.31	2/19/05
9. Sandy Powers	7:00.55	2/15/97
10. Andrea Elconin	7:12.20	2/14/04

## WOMEN 45-49

### 50 free

1. Ritchie Sonner	27.22	2/14/04
2. Colny Tucker	27.32	2/1/00
3. Mimi Cook	28.11	2/18/11
4. Paula Smith	28.46	5/16/03
5. Melinda Grieg-Walker	29.03	5/20/07
6. Ruth Carter	29.16	2/29/08
7. Suzanne Greenly	29.48	5/16/03
8. Janna Preston	30.75	2/16/01
9. Anne Williams	31.05	2/18/11
10. Jennie Sharpe	31.79	2/16/01

### 100 free

1. Joanne Wainwright	1:00.15	5/15/02
2. Ritchie Sonner	1:01.59	2/13/02
3. Mimi Cook	1:01.71	2/18/11
4. Melinda Grieg	1:02.12	4/10/03
5. Colny Tucker	1:02.17	2/17/01
6. Ruth Carter	1:06.19	3/1/08
7. Paula Smith	1:07.77	10/11/03
8. Janna Preston	1:08.63	2/17/01
9. Jennie Sharpe	1:09.29	2/17/01
10. Suzanne Greenly	1:10.49	2/13/04

### 200 free

1. Lynn DeGeorge	2:08.83	2/18/06
2. Joanne Wainwright	2:11.68	5/15/02
3. Mimi Cook	2:13.53	2/18/11
4. Colny Tucker	2:23.20	2/17/01
5. Paula Smith	2:39.82	2/20/03
6. Peggy Spittler	2:41.39	2/17/01
7. Kimberly Olmsted	2:47.95	2/14/04
8. Arja Offner	2:48.61	2/17/95
9. Norma Haubenstock	2:50.41	2/1/00
10. Susan Ellis	2:56.82	2/1/96

### 500 free

1. Joanne Wainwright	5:58.36	5/15/02
2. Mimi Cook	6:01.94	2/17/11
3. Melinda Grieg-Walker	6:05.56	5/19/07
4. Christine Tait	6:31.78	2/26/10
5. Kimberly Olmsted	7:08.60	2/15/02
6. Paula Smith	7:13.07	2/13/04
7. Melanie White	7:20.09	2/13/04
8. Lori Staats-Cahill	7:20.83	2/16/01
9. Ginny Wright	7:43.68	2/1/00
10. Norma Haubenstock	7:44.67	2/1/00

### 1000 free

1. Joanne Wainwright	12:18.89	5/14/02
2. Mimi Cook	12:29.35	2/18/11
3. Christine Tait	13:16.84	2/26/10
4. Melanie White	14:45.62	2/14/04
5. Lori Staats-Cahill	15:08.47	2/17/01
6. Mel Langdon	16:00.22	2/17/01
7. Beverley Williams	16:03.27	2/18/11
8. Ginny Wright	16:05.74	2/17/01
9. Ellyn Brown	16:10.92	2/12/99
10. Paula Smith	16:23.83	2/17/01

### 1650 free

1. Joanne Wainwright	20:46.88	5/17/01
2. Melinda Grieg-Walker	21:45.67	2/17/07
3. Christine Tait	22:00.43	2/26/10
4. Elizabeth Einset	22:52.30	5/17/07
5. Kimberly Olmsted	24:22.83	2/18/05
6. Lori Staats-Cahill	26:05.30	2/15/03
7. Ellyn Brown	26:22.40	2/12/02
8. Ginny Wright	27:09.51	2/1/00
9. Alice Stacey	30:10.74	2/16/02
10. Nancy Jackson	36:53.90	2/29/08

### 50 back

1. Ritchie Sonner	32.49	2/19/02
2. Christine Tait	32.81	2/26/10
3. Debbie Alston-Wright	33.89	5/14/99
4. Elizabeth Einset	34.91	5/19/07
5. Ruth Carter	35.59	2/17/07
6. Paula Smith	35.70	5/16/03
7. Suzanne Greenly	36.00	5/16/03
8. Colny Tucker	36.17	2/12/98
9. Ellyn Brown	37.90	2/1/00
10. Laurie Kempf	41.98	2/17/06

### 100 back

1. Christine Tait	1:09.18	2/27/10
2. Ritchie Sonner	1:11.00	5/18/01
3. Melinda Grieg	1:12.16	4/10/03
4. Debbie Alston-Wright	1:14.79	5/14/99
5. Elizabeth Einset	1:15.19	5/18/07
6. Paula Smith	1:18.47	10/11/03
7. Ruth Carter	1:20.28	2/17/06
8. Janna Preston	1:26.76	2/15/02
9. Ellyn Brown	1:28.21	2/1/00
10. Peggy Spittler	1:31.01	2/16/01

### 200 back

1. Lynn DeGeorge	2:24.56	2/17/06
2. Christine Tait	2:28.45	2/27/10
3. Melinda Grieg	2:37.02	4/14/04
4. Joanne Wainwright	2:37.09	5/1/03
5. Ritchie Sonner	2:40.96	2/19/03
6. Paula Smith	2:48.31	3/23/02
7. Ellyn Brown	3:07.18	2/1/00
8. Mel Langdon	3:23.44	2/1/00
9. Kimberly Olmsted	3:23.66	2/13/04
10. Nell Loftin	3:40.00	2/16/02

### 50 breast

1. Paula Smith	35.50	5/16/03
2. Debbie Alston-Wright	38.30	5/4/99
3. Colny Tucker	38.56	2/17/01
4. Ritchie Sonner	38.73	2/19/03
5. Brenda Avery	38.90	2/18/11
6. Ruth Carter	39.17	2/17/06
6. Jennie Sharpe	39.67	2/17/01
7. Susan Ellis	40.68	5/16/97
8. Lori Staats-Cahill	41.42	2/17/01
9. Susan Jones	43.26	2/1/00

### 100 breast

1. Paula Smith	1:18.39	5/16/03
2. Melinda Grieg	1:21.35	2/27/04
3. Debbie Alston-Wright	1:23.44	5/14/99
4. Ruth Carter	1:25.17	2/29/08
5. Jennie Sharpe	1:26.17	2/16/01
6. Susan Ellis	1:27.03	5/16/97
7. Susan Jones	1:32.45	2/16/01
8. Melanie White	1:35.61	2/14/04
9. Dana Hyams	1:36.35	2/17/07
10. Ginny Wright	1:38.47	2/1/00

### 200 breast

1. Paula Smith	2:52.52	5/16/03
2. Melinda Grieg	2:54.43	4/10/03
3. Colny Tucker	3:07.73	2/1/00
4. Debbie Alston-Wright	3:09.48	2/1/00
5. Susan Ellis	3:09.49	5/16/97
6. Lori Staats-Cahill	3:20.74	2/14/03
7. Melanie White	3:27.80	2/13/04
8. Ginny Wright	3:34.79	2/1/00
9. Nell Loftin	3:58.05	2/1/00
10. Georgia Steifel	4:18.77	2/14/03

### 50 fly

1. Ritchie Sonner	30.41	2/16/01
2. Christine Tait	31.59	2/27/10
3. Anne Williams	31.70	2/18/11
4. Joanne Wainwright	31.84	2/4/04
5. Colny Tucker	31.89	2/1/00
6. Brenda Avery	32.13	2/18/11
7. Suzanne Greenly	32.94	5/16/03
8. Debbie Alston-Wright	33.70	5/14/99
9. Ruth Carter	33.82	2/29/08
10. Jennie Sharpe	37.26	2/16/01

### 100 fly

1. Joanne Wainwright	1:06.96	5/15/02
2. Ritchie Sonner	1:07.90	5/18/01
3. Lynn DeGeorge	1:09.42	2/17/06
4. Brenda Avery	1:12.21	2/18/11
5. Mimi Cook	1:13.60	2/18/11
6. Anne Williams	1:14.06	2/18/11
7. Kimberly Olmsted	1:36.28	2/17/01
8. Sandy Powers	1:49.26	2/14/03
9. Kelsey Chalker	1:57.48	2/16/02
10.		

### 200 fly

1. Joanne Wainwright	2:29.92	4/1/02
2. Brenda Avery	2:36.87	2/18/11
3. Sandy Powers	3:46.59	2/15/03
4. Dawn Allen-Herron	4:06.47	2/16/07
5.		
6.		
7.		
8.		
9.		
10.		

### 100 IM

1. Ritchie Sonner	1:08.06	5/18/01
2. Melinda Grieg	1:11.42	4/23/04
3. Brenda Avery	1:14.00	2/18/11
4. Colny Tucker	1:14.57	2/16/01
5. Debbie Alston-Wright	1:15.43	5/14/99
6. Anne Williams	1:16.05	2/18/11
7. Ruth Carter	1:16.17	2/17/06
8. Paula Smith	1:17.39	2/20/03
9. Janna Preston	1:21.60	2/15/02
10. Suzanne Greenly	1:25.77	2/14/04

### 200 IM

1. Lynn DeGeorge	2:25.51	2/18/06
2. Ritchie Sonner	2:31.95	2/17/01
3. Melinda Grieg	2:33.95	4/10/03
4. Joanne Wainwright	2:36.67	4/12/02
5. Christine Tait	2:36.88	2/27/10
6. Brenda Avery	2:39.39	2/18/11
7. Paula Smith	2:49.79	3/29/03
8. Colny Tucker	2:58.76	2/13/99
9. Lori Staats-Cahill	3:13.64	2/17/01
10. Andrea Elconin	3:21.68	2/28/09

### 400 IM

1. Lynn DeGeorge	5:25.51	2/17/06
2. Joanne Wainwright	5:30.68	5/18/01
3. Paula Smith	6:24.29	10/1/02
4. Kimberly Olmsted	6:45.01	2/19/05
5. Nell Loftin	7:17.94	2/1/00
6. Sandy Powers	7:36.29	2/15/02
7.		
8.		
9.		
10.		

## WOMEN 50-54

### 50 free

1. Colny Tucker	27.02	2/20/03
2. Ruth Carter	29.16	2/28/09
3. Melinda Grieg-Walker	29.87	2/9/08
4. Paula Smith	30.22	4/21/06
5. <b>Maura Shea</b>	<b>30.28</b>	<b>2/26/10</b>
6. Alison Vail	33.25	2/15/02
7. <b>Kim Rivera</b>	<b>33.31</b>	<b>2/26/10</b>
8. Susan Ellis	33.48	2/15/02
9. <b>Kimberly Olmsted</b>	<b>34.93</b>	<b>2/26/10</b>
10. Cyndie Fox	35.96	2/20/08

### 100 free

1. Colny Tucker	1:00.88	2/13/04
2. Melinda Grieg-Walker	1:03.08	3/1/08
3. Joanne Wainwright	1:05.58	2/28/09
4. Ruth Carter	1:06.68	2/28/09
5. Paula Smith	1:12.43	4/8/06
6. <b>Kimberly Olmsted</b>	<b>1:17.60</b>	<b>2/27/10</b>
7. <b>Kim Rivera</b>	<b>1:20.10</b>	<b>2/27/10</b>
8. Dolly Larkin	1:20.87	2/19/03
9. Sandy Villar	1:21.03	2/17/06
10. Cyndie Fox	1:22.54	3/1/08

### 200 free

1. Melinda Grieg-Walker	2:20.12	2/20/08
2. Colny Tucker	2:21.71	2/18/06
3. Joanne Wainwright	2:27.96	2/17/07
4. Paula Smith	2:37.19	2/29/08
5. <b>Kimberly Olmsted</b>	<b>2:54.11</b>	<b>2/26/10</b>
6. Susan Ellis	3:00.44	2/16/02
7. Dolly Larkin	3:00.94	2/14/04
8. Annie Nevaldine	3:04.98	2/17/01
9. <b>Cyndie Fox</b>	<b>3:06.41</b>	<b>2/28/10</b>
10. Karen Jordan	3:07.71	2/17/01

### 500 free

1. Joanne Wainwright	6:23.09	2/28/09
2. Colny Tucker	6:38.42	2/13/04
3. <b>Ruth Carter</b>	<b>6:54.52</b>	<b>2/27/10</b>
4. Paula Smith	6:58.47	3/1/08
5. Kimberly Olmsted	7:16.29	3/1/08
6. Alison Vail	7:44.11	2/15/02
7. Dana Hyams	7:50.35	2/28/09
8. Susan Ellis	7:52.73	2/16/01
9. Annie Nevaldine	7:55.83	2/15/02
10. Nell Loftin	8:01.80	2/19/05

### 1000 free

1. Colny Tucker	13:27.71	2/17/06
2. Paula Smith	14:52.26	5/17/07
3. Kimberly Olmsted	14:58.36	2/29/08
4. Dana Hyams	15:37.42	2/27/09
5. Annie Nevaldine	16:18.99	2/17/01
6. Susan Ellis	16:19.15	2/17/01
7. Karen Jordan	16:45.66	2/17/01
8. Liz Friedman	17:48.61	2/17/01
9. <b>Cyndie Fox</b>	<b>17:58.95</b>	<b>2/26/10</b>
10.		

### 1650 free

1. Kimberly Olmsted	24:48.70	2/29/08
2. Paula Smith	25:41.65	2/17/07
3. Annie Nevaldine	28:01.33	2/20/03
4. Ellyn Brown	28:15.06	2/20/03
5. Liz Friedman	28:21.37	2/20/03
6. <b>Cyndie Fox</b>	<b>28:58.95</b>	<b>2/26/10</b>
7. Nell Loftin	29:06.04	2/17/07
8. Alice Stacey	29:38.13	2/20/03
9.		
10.		

### 50 back

1. Maura Shea	35.37	2/28/09
2. Ruth Carter	35.90	2/28/09
3. Colny Tucker	36.08	2/18/05
4. Debbie Wright	36.25	2/18/05
5. Joanne Wainwright	36.50	2/17/07
6. Paula Smith	37.08	5/4/08
7. Ellyn Brown	42.39	2/19/03
8. <b>Claire Musgrove</b>	<b>43.21</b>	<b>2/26/10</b>
9. <b>Kim Rivera</b>	<b>45.77</b>	<b>2/26/10</b>
10. Nell Loftin	45.88	2/17/07

### 100 back

1. Melinda Grieg-Walker	1:13.23	2/29/08
2. Paula Smith	1:18.34	4/1/05
3. <b>Maura Shea</b>	<b>1:18.79</b>	<b>2/26/10</b>
4. Debbie Wright	1:19.95	2/19/05
5. Colny Tucker	1:20.69	4/30/02
6. Catherine Brooks	1:26.91	2/15/02
7. Kimberly Olmsted	1:36.13	2/29/08
8. Karen Jordan	1:44.04	2/16/01
9. Sandy Villar	1:46.06	2/16/07
10. <b>Dana Hyams</b>	<b>1:48.12</b>	<b>2/18/11</b>

### 200 back

1. Melinda Grieg-Walker	2:38.01	5/3/08
2. Paula Smith	2:44.05	5/19/05
3. Joanne Wainwright	2:47.22	2/17/07
4. Maura Shea	2:52.46	2/28/09
5. Catherine Brooks	3:05.77	2/17/01
6. Nell Loftin	3:28.55	2/17/07
7. Ellyn Brown	3:56.47	2/19/03
8. Alice Stacey	4:15.20	2/19/03
9.		
10.		

### 50 breast

1. Paula Smith	35.30	5/19/05
2. Colny Tucker	37.35	2/16/02
3. <b>Ruth Carter</b>	<b>39.83</b>	<b>2/18/11</b>
4. Debbie Wright	40.94	2/19/05
5. Susan Ellis	41.59	5/14/99
6. Dana Hyams	44.86	2/28/09
7. Sandy Villar	48.03	2/14/03
8. Annie Nevaldine	49.38	2/17/01
9. Marion Frost	50.55	2/28/09
10. Suzanne Shea	52.19	2/19/05

### 100 breast

1. Paula Smith	1:17.64	5/19/05
2. Melinda Grieg-Walker	1:22.90	2/9/08
3. Colny Tucker	1:26.34	4/1/03
4. <b>Ruth Carter</b>	<b>1:26.82</b>	<b>2/18/11</b>
5. Debbie Wright	1:27.72	2/15/05
6. Susan Ellis	1:30.27	5/14/99
7. Joanne Wainwright	1:36.39	2/17/06
8. Dana Hyams	1:36.71	2/28/09
9. Annie Nevaldine	1:40.03	2/1/00
10. <b>Kimberly Olmsted</b>	<b>1:41.23</b>	<b>2/27/10</b>

### 200 breast

1. Paula Smith	2:53.47	5/19/05
2. Melinda Grieg-Walker	2:56.89	3/1/08
3. Colny Tucker	3:07.58	2/13/04
4. <b>Ruth Carter</b>	<b>3:13.88</b>	<b>2/18/11</b>
5. Susan Ellis	3:14.06	5/14/99
6. Catherine Brooks	3:25.94	2/16/02
7. <b>Dana Hyams</b>	<b>3:33.29</b>	<b>2/26/10</b>
8. <b>Andrea Elconin</b>	<b>3:41.95</b>	<b>2/18/11</b>
9. Annie Nevaldine	3:45.36	2/1/00
10. Liz Friedman	3:53.05	2/17/01

### 50 fly

1. Colny Tucker	31.19	2/20/03
2. Ruth Carter	32.84	2/28/09
3. Joanne Wainwright	33.08	2/16/07
4. Paula Smith	36.63	4/21/06
5. <b>Maura Shea</b>	<b>37.49</b>	<b>2/27/10</b>
6. Annie Nevaldine	43.93	2/12/99
7. Kate Troll	44.30	4/1/03
8. <b>Dana Hyams</b>	<b>44.83</b>	<b>2/27/10</b>
9. <b>Andrea Elconin</b>	<b>45.12</b>	<b>2/18/11</b>
10. Mimi Hogan	47.65	2/1/00

### 100 fly

1. Colny Tucker	1:15.27	2/19/03
2. Paula Smith	1:26.61	5/19/05
3. Catherine Brooks	1:32.50	2/28/09
4. Annie Nevaldine	1:45.58	2/28/09
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### 200 fly

1. Paula Smith	3:08.39	5/19/03
2. Catherine Brooks	3:21.42	2/17/01
3. Liz Friedman	3:57.19	2/18/03
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### 100 IM

1. Colny Tucker	1:12.39	2/20/03
2. Ruth Carter	1:16.54	2/27/09
3. Debbie Wright	1:20.88	2/19/05
4. Paula Smith	1:21.42	3/1/08
5. Susan Ellis	1:29.31	5/14/99
6. Kimberly Olmsted	1:30.43	3/1/08
7. Mimi Hogan	1:32.66	2/1/00
8. Catherine Brooks	1:35.14	2/20/03
9. Annie Nevaldine	1:36.20	2/1/00
10. Ellyn Brown	1:36.20	2/20/03

### 200 IM

1. Melinda Grieg-Walker	2:39.57	2/29/08
2. Colny Tucker	2:41.64	2/19/03
3. Joanne Wainwright	2:44.46	2/28/09
4. Paula Smith	2:59.00	2/29/08
5. Catherine Brooks	3:05.43	2/17/01
6. Kimberly Olmsted	3:13.50	2/29/08
7. Susan Ellis	3:14.25	5/14/97
8. Dana Hyams	3:23.14	2/28/09
9. Dolly Larkin	3:24.21	2/19/03
10. Nell Loftin	3:40.62	2/13/04

### 400 IM

1. Paula Smith	5:58.22	5/19/05
2. Catherine Brooks	6:33.02	2/16/01
3. Kimberly Olmsted	6:59.03	3/1/08
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## WOMEN 55-59

### 50 free

1. Colny Tucker	27.25	5/4/08
2. Maura Shea	30.29	2/18/11
3. Paula Smith	30.89	2/26/10
4. Susan Ellis	34.70	2/14/04
5. Judie Jordan	34.75	2/26/10
6. Rebecca Buckner	36.47	2/18/11
7. Susan Condon	36.91	2/15/97
8. Carolyn Lyons	37.12	2/20/93
9. Kate Troll	37.21	2/29/08
10. Judy Judge	38.41	2/12/99

### 100 free

1. Colny Tucker	1:01.85	5/2/08
2. Maura Shea	1:09.30	2/18/11
3. Paula Smith	1:13.08	4/16/10
4. Judie Jordan	1:18.97	2/27/10
5. Kimberly Olmsted	1:19.52	2/18/11
6. Carolyn Lyons	1:22.81	2/1/91
7. Kate Troll	1:26.28	3/1/08
8. Susan Larnad	1:27.72	2/13/99
9. Susan Ellis	1:28.28	2/17/06
10. Susan Condon	1:29.40	2/15/97

### 200 free

1. Colny Tucker	2:27.46	2/27/09
2. Paula Smith	2:32.22	4/16/10
3. Kimberly Olmsted	2:52.83	2/18/11
4. Susan Ellis	2:57.27	2/14/04
5. Catherine Brooks	3:03.75	2/17/06
6. Susan Larnad	3:15.19	2/13/99
7. Karen Jordan	3:16.55	2/14/04
8. Peggy Huff	3:26.36	2/27/09
9. Jan Fallico	3:28.44	2/13/98
10. Deane Feetham	3:45.65	2/14/97

### 500 free

1. Colny Tucker	6:41.58	2/28/09
2. Kimberly Olmsted	7:35.92	2/17/11
3. Annie Nevaldine	8:13.07	2/13/04
4. Susan Ellis	8:16.10	2/19/03
5. Liz Friedman	8:17.89	2/17/06
6. Karen Jordan	8:34.07	2/13/04
7. Judie Jordan	8:52.10	2/17/11
8. Carolyn Lyons	9:05.01	1/18/94
9. Jan Fallico	9:12.31	2/15/02
10. Deane Feetham	10:06.04	2/1/96

### 1000 free

1. Colny Tucker	13:47.77	2/29/08
2. Maura Shea	14:33.13	2/18/11
3. Kimberly Olmsted	15:50.65	2/18/11
4. Annie Nevaldine	16:56.47	2/14/04
5. Karen Jordan	17:08.44	2/14/04
6. Carolyn Lyons	18:24.08	2/20/93
7. Susan Ellis	18:58.59	2/17/06
8. Deane Feetham	20:57.15	2/15/97
9. Denise Miller	21:47.13	2/15/97
10.		

### 1650 free

1. Colny Tucker	22:35.62	2/29/08
2. Annie Nevaldine	27:29.05	2/18/05
3. Susan Ellis	30:18.08	5/17/07
4. Margret Van Flein	34:51.42	1/19/94
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### 50 back

1. Colny Tucker	36.70	3/1/08
2. Maura Shea	36.73	2/18/11
3. Catherine Brooks	40.98	2/18/05
4. Judie Jordan	46.19	2/26/10
5. Judy Judge	47.72	4/30/02
6. Nancy Nash	48.26	2/17/06
7. Marianne Stillner	48.65	2/19/03
8. Susan Condon	49.29	2/14/97
9. Sandra Mjolsnes	51.31	2/1/00
10. Ingrid Everson	51.64	2/1/00

### 100 back

1. Paula Smith	1:17.62	5/23/10
2. Maura Shea	1:18.31	2/18/11
3. Colny Tucker	1:18.90	2/27/09
4. Catherine Brooks	1:28.07	2/19/05
5. Judie Jordan	1:40.12	2/27/10
6. Judy Judge	1:45.74	4/30/02
7. Nell Loftin	1:46.90	2/29/08
8. Nancy Nash	1:51.88	2/17/06
9. Ingrid Everson	1:52.57	2/16/01
10. Carolyn Lyons	1:54.00	2/20/93

### 200 back

1. Paula Smith	2:46.95	4/30/10
2. Maura Shea	2:55.44	2/18/11
3. Catherine Brooks	3:06.44	2/13/04
4. Judy Judge	3:48.49	2/16/02
5. Jan Fallico	4:02.19	2/17/01
6. Sandra Mjolsnes	4:16.86	2/17/01
7. Kathy Dale	6:08.47	2/17/01
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10.		

### 50 breast

1. Paula Smith	36.76	5/21/10
2. Colny Tucker	40.54	3/1/08
3. Susan Ellis	43.57	2/13/04
4. Judie Jordan	44.52	2/18/11
5. Rebecca Buckner	47.37	2/18/11
6. Margret Van Flein	47.79	2/19/93
7. Kate Troll	49.32	3/1/08
8. Carolyn Lyons	50.65	1/18/94
9. Annie Nevaldine	52.50	2/13/04
10. Donna Cherrier	54.62	2/19/93

### 100 breast

1. Paula Smith	1:21.92	5/22/10
2. Susan Ellis	1:33.24	2/19/03
3. Judie Jordan	1:36.89	2/27/10
4. Rebecca Buckner	1:40.33	2/18/11
5. Karen Jordan	1:42.05	2/13/04
6. Margret Van Flein	1:47.16	2/20/93
7. Annie Nevaldine	1:47.40	2/13/04
8. Nell Loftin	1:51.86	2/29/08
9. Jan Fallico	1:56.45	2/14/98
10. Marianne Stillner	2:04.13	2/15/02

### 200 breast

1. Paula Smith	3:01.78	5/23/10
2. Susan Ellis	3:26.21	2/13/04
3. Judie Jordan	3:32.81	2/18/11
4. Karen Jordan	3:42.11	2/13/04
5. Margret Van Flein	3:52.65	2/20/93
6. Jan Fallico	4:01.00	2/17/01
7. Patricia Geitz	4:27.49	2/16/02
8.		
9.		
10.		

### 50 fly

1. Colny Tucker	31.16	5/2/08
2. Paula Smith	39.78	5/22/10
3. Rebecca Buckner	41.87	2/18/11
4. Catherine Brooks	43.35	2/18/05
5. Kate Troll	44.44	3/1/08
6. Annie Nevaldine	46.55	2/18/05
7. Susan Ellis	47.02	2/20/03
8. Jan Fallico	49.23	2/16/01
9. Judy Judge	59.18	4/30/02
10. Deane Feetham	1:01.54	2/17/95

### 100 fly

1. Colny Tucker	1:18.21	2/17/07
2. Catherine Brooks	1:35.08	2/13/04
3. Kate Troll	1:45.49	3/1/08
4. Kimberly Olmsted	1:47.07	2/18/11
5. Sandra Mjolsnes	3:16.69	2/16/02
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### 200 fly

1. Catherine Brooks	3:29.84	2/14/04
2. Kimberly Olmsted	3:38.06	2/18/11
3. Sandra Mjolsnes	6:43.21	2/15/02
4.		
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### 100 IM

1. Colny Tucker	1:13.80	5/3/08
2. Paula Smith	1:17.60	4/16/10
3. Catherine Brooks	1:30.99	2/19/05
4. Rebecca Buckner	1:31.51	2/18/11
5. Judie Jordan	1:34.90	2/27/10
6. Susan Ellis	1:35.22	2/20/03
7. Carolyn Lyons	1:42.53	1/19/94
8. Jan Fallico	1:46.20	2/14/98
9. Nancy Nash	1:58.08	2/17/06
10. Deane Feetham	2:04.32	2/18/95

### 200 IM

1. Colny Tucker	2:45.45	2/17/07
2. Paula Smith	2:49.55	5/22/10
3. Susan Ellis	3:24.14	2/13/04
4. Karen Jordan	3:37.15	2/13/04
5. Nell Loftin	3:46.23	2/29/08
6. Jan Fallico	3:49.71	2/17/01
7. Nancy Nash	4:31.18	2/17/06
8. Sandra Mjolsnes	5:39.82	2/16/02
9.		
10.		

### 400 IM

1. Paula Smith	6:37.52	2/18/11
2. Catherine Brooks	6:38.51	2/14/04
3. Annie Nevaldine	7:29.17	2/14/04
4. Sandra Mjolsnes	12:17.65	2/15/02
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## WOMEN 60-64

### 50 free

1. Judy Judge	36.70	2/14/04
2. Susan Condon	36.82	2/12/99
3. Susan Ellis	38.45	2/27/09
4. Carolyn Lyons	38.75	2/12/99
5. Marianne Stillner	41.66	2/14/04
6. Annie Nevaldine	45.01	2/27/09
7. Deane Feetham	45.64	2/14/98
8. Margret Van Flein	47.11	2/1/00
9. Sandra Mjolsnes	48.17	2/20/03
10. Patricia Geitz	50.73	2/18/11

### 100 free

1. Susan Ellis	1:27.05	2/27/10
2. Susan Condon	1:28.26	2/13/99
3. Carolyn Lyons	1:28.30	2/2/96
4. Judy Judge	1:30.59	2/13/04
5. Annie Nevaldine	1:31.05	2/28/09
6. Marianne Stillner	1:32.08	2/13/04
7. Margret Van Flein	1:42.84	2/13/99
8. Deane Feetham	1:46.04	2/14/98
9. Sandra Mjolsnes	1:52.17	2/19/03
10. Patricia Geitz	1:54.21	2/18/11

### 200 free

1. Catherine Brooks	2:51.65	2/18/11
2. Annie Nevaldine	3:16.18	2/27/09
3. Carolyn Lyons	3:29.69	2/13/99
4. Margret Van Flein	3:49.81	2/13/99
5. Deane Feetham	3:55.71	2/13/98
6. Sandra Mjolsnes	4:17.56	2/20/03
7. Kathy Dale	4:59.81	2/20/03
8.		
9.		
10.		

### 500 free

1. Catherine Brooks	7:32.23	2/17/11
2. Annie Nevaldine	8:16.34	2/27/09
3. Susan Condon	8:36.36	2/1/00
4. Carolyn Lyons	9:11.38	2/1/96
5. Jan Fallico	9:32.82	2/19/03
6. Margret Van Flein	9:35.11	2/13/98
8. Deane Feetham	10:26.55	2/13/98
8. Sandra Mjolsnes	11:16.09	2/19/03
9.		
10.		

### 1000 free

1. Annie Nevaldine	16:58.83	2/27/09
2. Deane Feetham	22:33.46	2/2/99
3.		
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### 1650 free

1. Deane Feetham	36:32.08	2/14/98
2. Sandra Mjolsnes	38:43.63	2/20/03
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### 50 back

1. Judy Judge	48.85	2/13/04
2. Marianne Stillner	50.82	2/13/04
3. Susan Condon	51.71	2/13/99
4. Susan Ellis	51.83	2/28/09
5. Sandra Mjolsnes	53.55	2/19/03
6. Carolyn Lyons	55.70	2/13/99
7. Margret Van Flein	1:00.95	2/14/97
8. Patricia Geitz	1:02.50	2/18/11
9. Julie Whitlock	1:07.51	2/19/03
10. Clarice Hiratsuka	1:31.62	2/19/03

### 100 back

1. Catherine Brooks	1:31.07	2/26/10
2. Judy Judge	1:45.32	2/20/03
3. Marianne Stillner	1:57.57	2/14/04
4. Susan Ellis	1:57.94	2/26/10
5. Susan Condon	1:58.20	2/12/09
6. Carolyn Lyons	2:01.87	2/12/99
7.		
8.		
9.		
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### 200 back

1. Catherine Brooks	3:10.57	2/18/11
2. Judy Judge	3:51.42	2/13/04
3. Julie Whitlock	5:16.69	2/19/03
4. Kathy Dale	5:39.59	2/19/03
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6.		
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### 50 breast

1. Margret Van Flein	47.35	2/1/96
2. Susan Ellis	47.87	2/28/09
3. Carolyn Lyons	51.40	2/1/96
4. Annie Nevaldine	53.39	2/18/11
5. Marianne Stillner	58.54	2/13/04
6. Patricia Geitz	1:05.40	2/18/11
7. Kathy Dale	1:06.53	2/19/03
8. Deane Feetham	1:22.32	2/13/98
9.		
10.		

### 100 breast

1. Susan Ellis	1:43.10	2/29/08
2. Margret Van Flein	1:48.42	2/12/99
3. Carolyn Lyons	1:51.45	2/2/96
4. Jan Fallico	1:59.94	2/20/03
5. Donna Cherrier	2:13.80	2/14/98
6. Kathy Dale	2:20.71	2/20/03
7. Marianne Stillner	2:23.17	2/14/04
8. Patricia Geitz	2:24.43	2/18/11
9. Deane Feetham	2:49.47	2/1/00
10.		

### 200 breast

1. Catherine Brooks	3:28.24	2/18/11
2. Susan Ellis	3:48.24	3/1/08
3. Margret Van Flein	3:59.42	2/2/96
4. Carolyn Lyons	4:06.10	2/1/00
5. Jan Fallico	4:15.09	2/13/04
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### 50 fly

1. Catherine Brooks	45.99	2/27/10
2. Jan Fallico	51.06	2/14/04
3. Carolyn Lyons	51.80	2/1/96
4. Susan Ellis	55.14	2/29/08
5. Susan Condon	55.59	2/1/00
6. Margret Van Flein	1:03.48	2/13/98
7.		
8.		
9.		
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### 100 fly

1. Catherine Brooks	1:41.51	2/26/10
2. Carolyn Lyons	2:05.59	2/1/00
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### 200 fly

1. Catherine Brooks	3:30.99	2/18/11
2.		
3.		
4.		
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7.		
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10.		

### 100 IM

1. Catherine Brooks	1:32.20	2/27/09
2. Carolyn Lyons	1:36.51	2/1/00
3. Susan Ellis	1:44.08	2/27/09
4. Jan Fallico	1:48.59	2/14/04
5. Susan Condon	1:56.62	2/1/00
6. Margret Van Flein	1:59.33	2/12/99
7. Sandra Mjolsnes	2:20.81	2/14/04
8. Deane Feetham	2:30.13	2/1/00
9.		
10.		

### 200 IM

1. Catherine Brooks	3:09.59	2/18/11
2. Carolyn Lyons	3:55.78	2/1/00
3. Jan Fallico	3:56.53	2/19/03
4. Margret Van Flein	4:24.42	2/1/00
5.		
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### 400 IM

1. Susan Ellis	8:06.44	3/1/08
2. Carolyn Lyons	8:30.24	2/1/00
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## WOMEN 65-69

### 50 free

1. Judy Judge	42.27	2/29/08
2. Carolyn Lyons	45.07	2/14/04
3. Margret Van Flein	45.91	2/14/04
4. Sandra Mjolsnes	52.83	2/26/10
5. Christine Rowinski	56.47	4/30/03
6. Donna Cherrier	57.00	4/30/02
7.		
8.		
9.		
10.		

### 100 free

1. Judy Judge	1:34.04	3/1/08
2. Margret Van Flein	1:49.67	2/18/05
3. Carolyn Lyons	1:50.72	2/14/03
4. Donna Cherrier	2:04.49	4/30/02
5. Sandra Mjolsnes	2:06.47	2/27/10
6. Christine Rowinski	2:11.37	4/30/03
7. Kathy Dale	2:17.91	2/27/10
8.		
9.		
10.		

### 200 free

1. Susan Condon	3:37.01	2/19/05
2. Margret Van Flein	4:00.74	2/19/05
3. Carolyn Lyons	4:09.32	2/14/04
4. Sandra Mjolsnes	4:06.47	2/26/10
5.		
6.		
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### 500 free

1. Susan Condon	9:02.46	2/19/05
2. Margret Van Flein	9:32.82	2/14/03
3. Carolyn Lyons	10:40.62	2/13/04
4.		
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6.		
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### 1000 free

1. Susan Condon	18:50.60	2/18/05
2.		
3.		
4.		
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### 1650 free

1. Susan Condon	30:57.14	2/18/05
2.		
3.		
4.		
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### 50 back

1. Judy Judge	52.34	2/29/08
2. Sandra Mjolsnes	1:03.49	2/26/10
3. Margret Van Flein	1:06.26	2/18/05
4. Christine Rowinski	1:07.22	4/30/03
5. Kathy Dale	1:07.40	2/26/10
6. Carolyn Lyons	1:07.50	2/13/04
7.		
8.		
9.		
10.		

### 100 back

1. Judy Judge	1:53.85	2/29/08
2. Sandra Mjolsnes	2:24.79	2/18/11
3. Kathy Dale	2:40.28	2/26/10
4.		
5.		
6.		
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10.		

### 200 back

1. Judy Judge	3:56.04	2/29/08
2.		
3.		
4.		
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7.		
8.		
9.		
10.		

### 50 breast

1. Margret Van Flein	49.70	2/14/03
2. Judy Judge	1:00.48	3/1/08
3. Carolyn Lyons	1:03.81	2/14/03
4. Donna Cherrier	1:07.19	4/30/02
5.		
6.		
7.		
8.		
9.		
10.		

### 100 breast

1. Margret Van Flein	1:50.31	2/14/03
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		

### 200 breast

1. Margret Van Flein	4:09.23	2/13/04
2. Carolyn Lyons	4:52.60	2/14/03
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		

### 50 fly

1. Margret Van Flein	1:08.80	2/15/03
2. Sandra Mjolsnes	1:13.48	2/27/10
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		

### 100 fly

1. Sandra Mjolsnes	2:57.05	2/26/10
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		

### 200 fly

1. Sandra Mjolsnes	7:36.33	2/18/11
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		

### 100 IM

1. Margret Van Flein	2:02.58	2/14/04
2. Carolyn Lyons	2:05.38	2/14/04
3. Sandra Mjolsnes	2:54.81	2/18/11
4.		
5.		
6.		
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### 200 IM

1. Margret Van Flein	4:32.68	2/14/03
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### 400 IM

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## WOMEN 70-74

### 50 free

1. Margret Van Flein 49.35 2/17/06
2. Beverly Zaugg 59.66 2/15/02
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

### 100 free

1. Margret Van Flein 1:53.31 2/27/10
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

### 200 free

1. Margret Van Flein 4:03.05 2/17/07
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

### 500 free

1. Margret Van Flein 10:29.43 2/17/07
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

### 1000 free

1. Margret Van Flein 21:32.67 2/17/07
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

### 1650 free

1. Margret Van Flein 35:58.17 2/17/07
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

### 50 back

1. Margret Van Flein 1:04.97 2/17/07
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

### 100 back

1. Margret Van Flein 2:18.12 2/29/08
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

### 200 back

1. Margret Van Flein 4:54.76 2/27/10
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

### 50 breast

1. Margret Van Flein 52.96 2/16/07
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

### 100 breast

1. Margret Van Flein 2:00.43 2/17/06
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

### 200 breast

1. Margret Van Flein 4:28.02 2/16/07
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

### 50 fly

1. Margret Van Flein 1:26.77 2/26/10
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

### 100 fly

1. Margret Van Flein 3:10.00 2/26/10
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

### 200 fly

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

### 100 IM

1. Margret Van Flein 2:00.43 2/17/06
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

### 200 IM

1. Margret Van Flein 4:28.02 2/16/07
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

### 400 IM

1. Margret Van Flein 10:11.43 2/26/10
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

## WOMEN 75-79

### 50 free

1. Carolyn Lyons 51.90 2/18/11
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

### 100 free

1. Carolyn Lyons 1:58.00 2/18/11
2. Margret Van Flein 2:00.69 2/18/11
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

### 200 free

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

### 500 free

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

### 1000 free

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

### 1650 free

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

### 50 back

1. Carolyn Lyons 1:16.02 2/18/11
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

### 100 back

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

### 200 back

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

### 50 breast

1. Margret Van Flein 59.30 2/16/07
2. Carolyn Lyons 1:08.29 2/18/11
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

### 100 breast

1. Margret Van Flein 2:08.11 2/18/11
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

### 200 breast

1. Margret Van Flein 4:39.97 2/18/11
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

### 50 fly

1. Margret Van Flein 1:18.59 2/18/11
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

### 100 fly

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

### 200 fly

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

### 100 IM

1. Margret Van Flein 2:17.32 2/18/11
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

### 200 IM

1. Margret Van Flein 4:55.67 2/18/11
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

### 400 IM

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
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- 8.
- 9.
- 10.

## MEN 18-24

### 50 free

1. Jim Askervold	22.53	3/1/90
2. Brant Hasebe	22.54	5/16/97
3. Matt Calhoun	22.58	2/15/02
4. Greg Soukup	22.80	1/19/94
5. Brett Walters	22.82	2/18/95
6. Stephen Horwatt	22.94	2/18/95
7. Wade Frey	23.07	2/2/96
8. Brad Hagan	23.38	2/12/99
9. Skip Hickey	23.31	2/15/03
10. Pieter deHart	23.41	4/30/02

### 100 free

1. Brant Hasebe	49.14	5/16/97
2. Pieter de Hart	49.56	2/14/03
3. Kelly Mears	50.57	1/19/94
4. Stephen Horwatt	50.91	2/18/95
5. Nick Sprinkel	52.31	2/17/06
6. Daniel Miller	52.47	2/18/11
7. Daniel Daugherty	52.75	2/14/98
8. Kael Ladegard	53.37	2/1/00
9. Brad Hagan	53.53	2/13/99
10. Justin Holt	53.79	2/13/99

### 200 free

1. Brant Hasebe	1:48.81	5/16/97
2. Nick Sprinkel	1:55.67	2/17/06
3. Greg Soukup	1:57.60	1/18/94
4. Daniel Daugherty	1:57.61	2/14/97
5. Stephen Horwatt	1:59.35	2/17/95
6. Scott Tonkins	2:00.31	5/16/97
7. John Gilliland	2:01.13	2/19/05
8. Joshua Birdsall	2:01.53	2/1/96
9. Justin Holt	2:01.84	2/13/99
10. Blake Echeverri	2:08.60	2/17/06

### 500 free

1. Pieter de Hart	5:05.47	2/14/03
2. Joshua Birdsall	5:23.56	2/1/96
3. Scott Tonkins	5:26.68	5/16/97
4. Nick Sprinkel	5:31.03	2/17/06
5. Daniel Daugherty	5:33.98	2/14/97
6. Josh Biegel	5:36.81	2/1/00
7. Kelly Mears	5:57.98	1/18/94
8. Michael Bradley	5:59.10	2/19/93
9. Blake Echeverri	6:23.93	2/17/06
10. James Lauffer	6:24.61	2/1/00

### 1000 free

1. Ralph Morehouse	12:52.43	2/1/88
2. Blake Echeverri	13:17.41	2/17/06
3. George Holly Jr.	13:30.57	2/20/93
4.		
5.		
6.		
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9.		
10.		

### 1650 free

1. Pieter de Hart	18:26.19	2/5/03
2.		
3.		
4.		
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9.		
10.		

### 50 back

1. Brett Walters	25.13	2/17/95
2. Skip Hickey	26.87	2/19/03
3. Doug Quist	27.20	1/18/94
4. Tim Stallard	27.46	1/17/95
5. Stephen Horwatt	28.05	2/17/95
6. Andrew Foley	28.87	2/16/02
7. Greg Soukup	29.17	1/18/94
8. Kelly Mears	29.38	1/18/94
9. John Gilliland	30.82	2/18/05
10. Zach Stubbs	31.61	2/1/00

### 100 back

1. Tim Stallard	57.42	2/17/95
2. Skip Hickey	58.76	2/19/03
3. Doug Quist	1:00.43	1/19/94
4. Kelly Mears	1:01.15	1/19/94
5. Andrew Foley	1:05.59	2/20/03
6. Don Gibbs	1:08.36	2/20/93
7. James Lauffer	1:12.96	2/1/00
8. Christopher Munie	1:15.51	2/18/11
9. Scott Tonkins	1:18.52	2/15/97
10. Daniel Fadely	1:42.67	2/15/97

### 200 back

1. Brett Walters	2:01.64	2/17/95
2. Tim Stallard	2:08.48	2/17/95
3. Skip Hickey	2:09.35	2/19/03
4. Doug Quist	2:13.85	1/18/94
5. Kelly Mears	2:16.16	1/18/94
6. Greg Soukup	2:17.39	1/18/94
7. Don Gibbs	2:33.70	2/19/93
8. James Lauffer	2:37.71	2/1/00
9.		
10.		

### 50 breast

1. Brett Walters	28.85	2/17/95
2. Pieter de Hart	31.61	4/30/03
3. Daniel Miller	32.16	2/18/11
4. Leo Faro	32.27	2/19/93
5. Eric Van Dongen	34.05	2/16/02
6. Steve Taylor	34.07	2/16/02
7. Oliver Owens	34.81	2/16/02
8. Christopher Munie	36.54	2/18/11
9. Daniel Fadely	43.00	2/13/99
10.		

### 100 breast

1. Jim Askervold	1:02.98	3/1/90
2. Leo Faro	1:12.13	1/19/94
3. Eric Van Dongen	1:14.71	1/18/02
4. Oliver Owens	1:16.69	2/14/02
5. Scott Tonkins	1:18.73	2/17/97
6. Jeff Kase	1:19.01	5/16/05
7. Don Gibbs	1:19.65	2/19/03
8. James Lauffer	1:21.39	2/1/00
9. Ankur Dholakia	1:36.06	2/14/98
10.		

### 200 breast

1. Joshua Birdsall	2:28.53	2/2/96
2. Eric Van Dongen	2:42.01	2/16/02
3. James Lauffer	2:58.56	2/1/00
4.		
5.		
6.		
7.		
8.		
9.		
10.		

### 50 fly

1. Jon Paoule	24.15	1/1/93
2. Brant Hasebe	24.20	5/16/97
3. Ben Hammond	24.65	2/1/00
4. Matt Calhoun	25.41	1/15/02
5. Skip Hickey	25.88	2/19/03
6. Brad Hagan	26.16	2/12/99
7. Zach Stubbs	26.19	2/1/00
8. Doug Quist	26.49	1/18/94
9. Daniel Miller	26.50	2/18/11
10. Leo Faro	26.52	2/19/93

### 100 fly

1. Jim Askervold	52.08	3/1/90
2. Brant Hasebe	52.85	5/16/97
3. John Miller	55.12	2/17/07
4. Daniel Miller	57.39	2/18/11
5. Brad Hagan	59.65	2/13/99
6. Ben Hammond	59.83	2/1/00
7. Leo Faro	1:00.74	2/19/93
8. Kael Ladegard	1:01.84	2/1/00
9. Skip Hickey	1:02.05	2/19/03
10. Leo Faro	1:03.11	1/18/94

### 200 fly

1. Brant Hasebe	1:58.85	5/16/97
2. Joshua Birdsall	2:17.76	2/2/96
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		

### 100 IM

1. Matt Calhoun	56.21	2/15/02
2. John Miller	57.12	2/16/07
3. Pieter de Hart	57.38	2/15/03
4. Ben Hammond	57.60	2/1/00
5. Daniel Miller	59.81	2/18/11
6. Greg Soukup	1:00.48	1/19/94
7. Brad Hagan	1:00.99	2/12/99
8. Stuart Burns	1:02.45	2/19/05
9. Justin Holt	1:03.33	2/12/99
10. Kael Ladegard	1:03.35	2/1/00

### 200 IM

1. Pieter de Hart	2:04.44	2/14/03
2. John Miller	2:05.48	2/17/07
3. Ben Hammond	2:10.67	2/1/00
4. Tim Stallard	2:11.73	2/17/94
5. Joshua Birdsall	2:12.71	2/1/96
6. Brad Hagan	2:16.74	2/13/99
7. Michael Bradley	2:27.68	2/19/93
8. James Lauffer	2:34.71	2/17/01
9.		
10.		

### 400 IM

1. John Miller	4:31.07	2/16/07
2. Pieter de Hart	4:37.51	2/15/03
3. Joshua Birdsall	4:38.43	2/1/96
4.		
5.		
6.		
7.		
8.		
9.		
10.		

## MEN 25-29

### 50 free

1. Trent Fischer	21.76	2/12/99
2. Dirk Craft	22.02	2/27/09
3. Matthew Oberlander	22.30	2/18/11
4. Scott Selz	22.36	2/14/98
5. Michael Sorensen	22.40	5/16/97
6. Pieter de Hart	22.69	2/14/04
7. James Andel	23.06	2/2/96
8. Jeffrey Dennis	23.06	2/1/00
9. Wade Frey	23.19	2/14/98
10. Jason Everard	23.26	2/12/99

### 100 free

1. Andrew Billings	47.20	2/2/96
2. Scott Selz	47.94	2/14/98
3. Pieter de Hart	48.91	2/17/06
4. David Roosa	49.84	2/28/09
5. Dirk Craft	49.69	2/28/09
6. Trent Fischer	49.97	2/1/00
7. Jason Everard	50.09	2/13/99
8. James Andel	50.24	2/2/96
9. Matthew Oberlander	50.42	2/18/11
10. Brant Hasebe	50.43	2/1/00

### 200 free

1. Trent Fischer	1:47.21	2/1/01
2. Pieter de Hart	1:49.73	2/17/06
3. Christopher Klein	1:49.88	2/17/07
4. David Roosa	1:50.10	2/27/09
5. Scott Selz	1:50.11	2/13/98
6. James Andel	1:50.41	2/1/96
7. Shawn O'Connell	1:52.02	5/16/97
8. Ben Hammond	1:54.61	2/20/03
9. Brant Hasebe	1:54.66	2/14/04
10. David Bennett	1:57.42	2/13/99

### 500 free

1. David Roosa	5:00.43	2/28/09
2. Christian Hays	5:01.89	2/1/96
3. Pieter de Hart	5:04.11	2/13/04
4. Trent Fischer	5:11.93	2/16/01
5. Scott Selz	5:13.38	2/13/98
6. Clint Carpenter	5:23.12	2/19/05
7. Brant Hasebe	5:24.94	2/13/04
8. David Bennett	5:33.34	2/13/99
9. Steve Taylor	5:33.77	2/13/04
10. Greg Soukep	5:34.19	2/1/96

### 1000 free

1. Pieter de Hart	10:51.16	2/17/06
2. Trent Fischer	11:02.36	2/17/01
3. Greg Soukep	11:38.13	2/18/95
4. Steve Taylor	11:45.65	2/14/04
5. Raymond Billings	12:29.36	2/18/95
6. John Classic	13:16.25	2/12/99
7. Kevin Bradley	13:21.55	2/12/99
8. Michael Bakker	14:51.68	2/26/10
9.		
10.		

### 1650 free

1. Carl Abrams	18:21.05	2/2/96
2. Scott Selz	18:44.47	2/14/98
3. William Polk	19:24.35	2/2/96
4. Greg Soukep	19:47.56	2/2/96
5. Scott Thomas	19:50.53	2/1/00
6. Steve Taylor	20:00.02	2/20/03
7. Scott Tonkins	20:24.97	2/14/98
8. D. Hayden	21:04.14	2/14/98
9. John Classic	22:02.65	2/1/00
10. Michael Bakker	24:25.85	2/26/10

### 50 back

1. Tom Roth	24.77	2/1/90
2. Lucas Petersen	24.99	2/18/11
3. Trent Fischer	25.89	2/13/98
4. Douglas Quist	27.03	2/17/95
5. Matthew Oberlander	27.25	2/18/11
6. Scott O'Brien	28.00	2/17/95
7. Rickey Perkins	28.45	2/19/93
8. Michael Sorensen	28.52	2/14/97
9. Wade Frey	29.00	2/13/98
10. John Bryant	29.26	2/17/01

### 100 back

1. Trent Fischer	55.43	2/1/02
2. Michael Sorensen	57.96	2/2/96
3. Douglas Quist	59.32	2/18/95
4. John Bryant	1:03.60	2/16/01
5. Scott Tonkins	1:03.73	5/14/99
6. D. Hayden	1:05.21	2/14/98
7. Don Gibbs	1:07.53	1/19/94
8. Steve Taylor	1:07.63	2/19/05
9. Davin Holen	1:10.07	2/16/01
10. Travis Dyer	1:10.27	2/2/96

### 200 back

1. Trent Fischer	2:05.65	2/1/01
2. Douglas Quist	2:08.94	5/14/99
3. Rickey Perkins	2:19.20	2/19/93
4. John Bryant	2:23.73	2/17/01
5. Greg Seethaler	2:29.69	2/1/00
6. Don Gibbs	2:34.78	1/18/94
7.		
8.		
9.		
10.		

### 50 breast

1. Quincy Schmidt	27.59	2/28/09
2. Jason Everard	28.28	2/13/99
3. Dirk Craft	28.54	2/28/09
4. Carl Abrams	28.84	2/1/96
5. Jens Beck	29.04	2/13/99
6. Scott O'Brien	29.49	2/17/95
7. Matthew Oberlander	29.60	2/18/11
8. Pieter de Hart	30.11	2/13/04
9. Scott Selz	30.55	2/13/98
10. Ben Hammond	30.81	2/19/03

### 100 breast

1. Carl Abrams	59.27	2/2/96
2. Jens Beck	1:02.42	2/12/99
3. Jason Everard	1:02.42	2/12/99
4. Andrew Billings	1:03.27	2/18/95
5. Dirk Craft	1:05.05	2/28/09
6. Scott O'Brien	1:06.84	1/19/94
7. Eric Carman	1:09.65	2/1/00
8. Andrew Moffatt	1:10.13	2/18/05
9. Klaus Wuttig	1:10.98	2/2/96
10. Jon Gerken	1:11.34	4/30/02

### 200 breast

1. Carl Abrams	2:15.59	9/1/96
2. Jens Beck	2:17.03	2/13/99
3. Jason Everard	2:26.60	2/13/99
4. Matthew Zimmerman	2:34.68	2/19/05
5. Andrew Moffatt	2:35.08	2/19/05
6. Eric Carman	2:38.93	2/1/00
7. M. Williams	2:45.47	1/19/94
8. John Classic	3:14.09	2/1/00
9. Matt Hutchings	3:18.45	2/13/99
10.		

### 50 fly

1. Lucas Petersen	22.50	2/18/11
2. Michael Sorensen	23.77	5/16/97
3. Trent Fischer	24.16	2/16/01
4. David Roosa	24.76	2/28/09
5. Ben Hammond	24.84	2/19/03
6. Carl Abrams	25.04	2/17/95
7. Brant Hasebe	25.28	2/1/00
8. Jason Everard	25.35	2/12/99
9. Greg Seethaler	25.94	2/1/00
10. Jeffrey Dennis	26.31	2/1/00

### 100 fly

1. Lucas Petersen	50.57	2/18/11
2. Michael Sorensen	52.31	2/1/96
3. Andrew Billings	53.82	2/17/95
4. David Roosa	54.32	2/27/09
5. Ben Hammond	54.69	4/30/03
6. Christopher Klein	54.95	2/17/07
7. Brant Hasebe	55.72	2/1/00
8. Trent Fischer	55.98	2/13/98
9. Carl Abrams	56.39	2/1/96
10. Matthew Oberlander	58.45	2/18/11

### 200 fly

1. Michael Sorensen	1:56.89	5/16/97
2. Christopher Klein	2:04.28	2/16/07
3. Jens Beck	2:07.36	2/12/99
4. Brant Hasebe	2:08.07	2/1/00
5. Ben Hammond	2:11.76	2/20/03
6. Clint Carpenter	2:24.61	2/18/05
7. Matthew Grabowy	2:29.92	2/18/05
8. Kevin Bradley	2:39.90	2/12/99
9.		
10.		

### 100 IM

1. Andrew Billings	54.12	2/2/96
2. Quincy Schmidt	54.28	2/27/09
3. Matthew Oberlander	55.92	2/18/11
4. Trent Fischer	56.10	2/12/99
5. Michael Sorensen	56.69	5/16/97
6. Carl Abrams	56.81	1/19/94
7. Christopher Klein	56.94	2/16/07
8. John Bryant	58.40	2/16/01
9. Jason Everard	58.62	2/16/01
10. Dirk Craft	58.91	2/27/09

### 200 IM

1. Andrew Billings	2:02.09	2/17/95
2. Christopher Klein	2:04.07	2/17/07
3. Carl Abrams	2:05.95	2/17/95
4. Pieter de Hart	2:06.06	2/17/06
5. Ben Hammond	2:07.90	1/19/03
6. John Bryant	2:08.29	2/17/01
7. Jason Everard	2:11.70	2/17/01
8. Steve Taylor	2:12.50	2/14/03
9. Michael Sorensen	2:15.26	5/10/96
10. Doug Quist	2:17.98	2/13/99

### 400 IM

1. Shawn O'Connell	4:28.93	2/1/96
2. Christopher Klein	4:34.07	2/16/07
3. Pieter de Hart	4:34.15	2/14/04
4. Doug Quist	4:55.60	5/14/99
5. Jason Everard	5:06.52	2/16/01
6. Mike Malvick	5:24.22	1/19/94
7. Kevin Bradley	5:30.34	2/12/99
8. Davin Holen	5:35.19	2/15/02
9.		
10.		

## MEN 30-34

### 50 free

1. Michael Sorensen	21.74	4/28/00
2. Andrew Billings	22.39	2/15/02
3. <b>Scott Jones</b>	<b>22.64</b>	<b>2/19/11</b>
3. Robert Forgit	22.93	1/19/94
4. Doug Hamlin	23.05	2/20/03
5. Dave Ruckstuhl	23.37	1/19/94
6. Shawn Rost	23.42	5/15/02
7. Steve Keller	23.55	2/20/93
8. Mark Van Arsdale	23.61	2/17/07
9. Raymond Billings	23.65	2/2/96

### 100 free

1. Andrew Billings	48.26	2/16/02
2. <b>Scott Jones</b>	<b>48.65</b>	<b>2/19/11</b>
3. Michael Sorensen	49.17	2/13/99
4. Steve Keller	49.97	1/19/94
5. Robert Forgit	50.51	1/19/94
6. Doug Hamlin	50.73	2/19/03
7. Dave Ruckstuhl	51.24	2/19/03
8. Klaus Wuttig	51.99	2/14/98
9. Clint Carpenter	52.04	2/17/06
10. Shawn Rost	52.29	5/15/02

### 200 free

1. Steve Keller	1:49.28	1/18/94
2. <b>Christopher Klein</b>	<b>1:53.06</b>	<b>2/18/11</b>
3. Jim Barkman	1:53.16	2/17/95
4. Andrew Billings	1:53.38	2/1/00
5. Klaus Wuttig	1:54.00	2/13/98
6. Robert Forgit	1:54.94	1/18/94
7. Doug Hamlin	1:55.15	2/20/03
8. Clint Carpenter	1:55.25	2/17/06
9. Dave Ruckstuhl	1:56.28	2/19/93
10. Shawn Rost	2:00.20	5/15/02

### 500 free

1. Jim Barkman	4:59.73	3/1/95
2. Andrew Billings	5:10.16	2/15/02
3. Christopher Klein	5:14.48	2/28/09
4. Dave Ruckstuhl	5:15.70	1/18/94
5. Klaus Wuttig	5:17.00	2/13/98
6. Michael Sorensen	5:22.15	2/1/00
7. Doug Hamlin	5:23.82	2/19/03
8. Will Noftsker	5:27.58	2/13/99
9. Clint Carpenter	5:28.85	2/17/06
10. David Summerville	5:37.21	2/28/09

### 1000 free

1. Jim Barkman	10:22.58	3/1/95
2. Christopher Klein	11:05.93	2/27/09
3. Dave Ruckstuhl	11:12.98	2/20/93
4. Michael Sorensen	11:17.18	2/1/01
5. David Summerville	11:42.81	2/27/09
6. Tom Schmid	12:44.83	2/15/97
7. Anthony Valosek	13:20.97	2/12/99
8. <b>Grant Turner</b>	<b>13:30.26</b>	<b>2/18/11</b>
9. Anthony Rosado	14:08.84	2/17/06
10. Jay Edge	15:11.89	2/15/97

### 1650 free

1. Jim Barkman	17:08.14	3/1/95
2. Jens Beck	18:32.60	2/16/02
3. Dave Ruckstuhl	19:00.86	1/19/94
4. Jon Stahl	21:33.14	2/14/98
5. Tom Schmid	22:10.66	2/2/96
6. Marc Chimonas	22:40.30	2/18/05
7. Dean Courtney	25:46.46	2/2/96
8.		
9.		
10.		

### 50 back

1. Clark Rush	26.08	2/1/90
2. Michael Sorensen	27.51	2/16/02
3. Doug Quist	27.56	2/17/01
4. Andrew Billings	27.96	2/19/03
5. Dan Frost	28.37	4/30/02
6. Dave Ruckstuhl	28.39	1/18/94
7. Peter Sterns	29.16	2/13/99
8. Matt Hershock	29.26	2/17/07
9. Matt Hanley	29.63	2/28/09
10. Brian Young	29.98	2/17/06

### 100 back

1. <b>Scott Jones</b>	<b>53.65</b>	<b>2/19/11</b>
2. Trent Fischer	55.81	5/1/02
3. Tom Roth	57.58	1/19/94
4. Doug Quist	58.45	2/16/01
5. Andrew Billings	59.76	2/15/02
6. Dave Ruckstuhl	1:01.34	2/18/95
7. Steve Keller	1:01.61	1/19/94
8. Matt Hershock	1:01.94	2/15/07
9. Dan Frost	1:02.30	4/30/02
10. Peter Sterns	1:04.42	2/12/99

### 200 back

1. John Caldwell	2:08.14	5/1/86
2. Doug Quist	2:08.15	2/17/01
3. Andrew Billings	2:16.48	2/19/03
4. Dave Ruckstuhl	2:21.30	2/1/96
5. Jim Barkman	2:23.88	2/17/95
6. Peter Sterns	2:25.70	2/13/99
7. Brian Young	2:28.24	2/17/06
8. Glen Biegel	2:29.69	2/1/00
9.		
10.		

### 50 breast

1. Matt Hershock	28.04	2/28/09
2. Andrew Billings	28.62	2/13/99
3. <b>Mychajlo Eliaszewskij</b>	<b>29.09</b>	<b>2/18/11</b>
4. Robert Forgit	29.81	1/18/94
5. <b>Nick Gibson</b>	<b>29.95</b>	<b>2/18/11</b>
6. Mark Van Arsdale	30.21	3/1/08
7. Michael Sorensen	30.44	2/13/99
8. Sean Hook	31.49	4/30/00
9. <b>Brooks Crawford</b>	<b>31.64</b>	<b>2/18/11</b>
10. Raymond Billings	31.79	2/1/96

### 100 breast

1. Matt Hershock	1:02.19	2/28/09
2. Jens Beck	1:02.73	5/15/02
3. Robert Forgit	1:02.76	5/1/94
4. Andrew Billings	1:03.55	2/19/03
5. <b>Mychajlo Eliaszewskij</b>	<b>1:04.11</b>	<b>2/18/11</b>
6. Mark Van Arsdale	1:06.19	2/29/08
7. <b>Nick Gibson</b>	<b>1:06.87</b>	<b>2/18/11</b>
8. <b>Brooks Crawford</b>	<b>1:08.82</b>	<b>2/18/11</b>
9. <b>Christopher Klein</b>	<b>1:10.32</b>	<b>2/27/10</b>
10. Thomas Coyle	1:10.69	2/12/99

### 200 breast

1. Robert Forgit	2:19.93	1/19/94
2. Jens Beck	2:20.52	2/1/00
3. Matt Hershock	2:21.52	2/27/09
4. <b>Mychajlo Eliaszewskij</b>	<b>2:24.25</b>	<b>2/18/11</b>
5. Brian Young	2:37.97	2/17/06
6. Michael Williams	2:37.07	2/15/97
7. <b>Brooks Crawford</b>	<b>2:40.52</b>	<b>2/18/11</b>
8. <b>Nick Gibson</b>	<b>2:40.86</b>	<b>2/18/11</b>
9. Thomas Coyle	2:43.88	2/13/99
10. Anthony Rosado	3:08.72	2/27/09

### 50 fly

1. Michael Sorensen	22.93	4/28/00
2. Steve Keller	24.16	1/18/94
3. Andrew Billings	24.54	2/12/99
4. Mark Van Arsdale	25.21	2/29/08
5. Doug Hamlin	25.62	2/20/03
6. <b>Christopher Klein</b>	<b>25.69</b>	<b>2/27/10</b>
7. Matt Hershock	26.45	2/16/07
8. Shawn Rost	26.58	5/15/02
9. Clint Carpenter	26.87	2/17/06
10. James Wheeler	27.66	2/12/99

### 100 fly

1. Michael Sorensen	50.46	5/14/99
2. Steve Keller	53.72	1/18/94
3. Doug Hamlin	57.75	2/19/03
4. <b>Christopher Klein</b>	<b>59.28</b>	<b>2/18/11</b>
5. Klaus Wuttig	1:01.81	2/13/98
6. James Wheeler	1:02.63	2/13/99
7. Clint Carpenter	1:02.68	3/1/08
8. Dan Frost	1:02.86	4/30/02
9. Martin Hawks	1:04.51	2/16/02
10. James Lee	1:04.86	2/19/03

### 200 fly

1. Michael Sorensen	1:55.88	5/14/99
2. Steve Keller	2:07.13	1/19/94
3. Jens Beck	2:07.69	2/15/02
4. Christopher Klein	2:15.73	2/27/09
5. James Wheeler	2:28.32	2/12/98
6.		
7.		
8.		
9.		
10.		

### 100 IM

1. Michael Sorensen	54.09	4/29/00
2. Andrew Billings	55.97	2/12/99
3. Mark Van Arsdale	59.45	2/16/07
4. <b>Mychajlo Eliaszewskij</b>	<b>59.59</b>	<b>2/18/11</b>
5. Dave Ruckstuhl	1:00.66	1/18/94
6. Klaus Wuttig	1:02.33	2/14/98
7. Will Noftsker	1:03.50	2/14/98
8. Scott O'Brien	1:04.08	2/16/01
9. Sean Hook	1:04.23	4/30/00
10. Peter Sterns	1:04.65	2/12/99

### 200 IM

1. Michael Sorensen	2:07.01	2/1/01
2. Christopher Klein	2:07.40	2/28/09
3. Jens Beck	2:08.98	2/16/02
4. Will Noftsker	2:18.98	2/13/98
5. Klaus Wuttig	2:19.87	2/14/97
6. Brian Young	2:24.57	2/17/06
7. James Wheeler	2:26.02	2/13/98
8. Glen Biegel	2:28.02	2/16/02
9. James Lee	2:29.25	2/19/03
10. Shawn Rost	2:30.05	2/17/01

### 400 IM

1. Jens Beck	4:32.57	2/15/02
2. Christopher Klein	4:41.63	2/27/09
3. Doug Quist	4:45.63	2/16/01
4. Will Noftsker	4:53.93	2/12/99
5. Michael Sorensen	5:11.27	4/30/00
6. Glen Biegel	5:19.09	2/15/02
7. James Wheeler	5:20.16	2/19/99
8. Brian Nelson	5:51.89	2/15/02
9. Dean Courtney	6:26.24	2/1/00
10.		

## MEN 35-39

### 50 free

1. Robert Forgit	22.56	5/16/97
2. Rick Abbott	22.64	2/18/95
3. Luis Torelly	22.64	2/2/96
4. Michael Sorensen	22.95	5/20/07
5. R. Johannsen	23.42	1/19/94
6. Bruce Jones	24.35	1/19/94
7. Ed Cronick	24.59	2/20/93
8. Dave Ruckstuhl	24.97	2/12/99
9. Larry Graff	25.42	2/20/93
10. James Wheeler	25.77	2/15/03

### 100 free

1. Michael Sorensen	48.34	5/16/03
2. Rick Abbott	49.19	2/18/95
3. Luis Torelly	49.91	2/2/96
4. Robert Forgit	50.17	5/16/97
5. Carl Benson	51.84	2/17/01
6. R. Johannsen	53.50	1/19/94
7. Mark Van Arsdale	54.32	2/28/09
8. Dave Ruckstuhl	55.00	2/14/98
9. Phil Hedges	55.29	2/13/99
10. Ed Cronick	56.09	2/20/93

### 200 free

1. Michael Sorensen	1:47.61	5/16/03
2. Rick Abbott	1:51.52	2/17/95
3. Carl Benson	1:57.41	2/17/01
4. Dave Ruckstuhl	2:00.12	2/14/97
5. John Lindquist	2:00.52	2/16/02
6. Bruce Jones	2:06.79	2/19/93
7. Jon Stahl	2:07.63	2/13/99
8. Brad Gamblin	2:07.81	2/17/95
9. Andy Duenow	2:08.30	2/14/04
10. James Wheeler	2:08.44	2/20/93

### 500 free

1. John McConnochie	4:58.79	5/1/89
2. Michael Sorensen	5:03.65	2/13/04
3. Rick Abbott	5:14.56	2/17/95
4. John Lindquist	5:28.56	2/15/02
5. Dave Ruckstuhl	5:33.50	2/14/97
6. David Valdes	5:34.78	2/26/10
7. Carl Benson	5:40.40	2/16/01
8. James Wheeler	5:43.53	2/1/00
9. Brad Gamblin	5:43.66	2/17/95
10. Jon Stahl	5:44.81	2/13/99

### 1000 free

1. John McConnochie	10:24.49	5/1/89
2. David Valdes	11:21.85	2/26/10
3. Dave Ruckstuhl	11:40.37	2/15/97
4. Jon Stahl	11:47.82	2/12/99
5. Phil Hedges	11:50.54	2/12/99
6. Brad Gamblin	11:59.86	2/18/95
7. Andy Duenow	12:08.43	2/14/04
8. Ron Larsen	12:13.62	2/15/97
9. William Derrick	13:09.22	2/17/01
10. Mark Ramp	13:59.04	2/18/95

### 1650 free

1. David Valdes	18:49.22	2/26/10
2. Michael Sorensen	19:11.46	2/17/07
3. Dave Ruckstuhl	20:05.77	2/14/98
4. Ron Larsen	20:13.97	2/14/98
5. Andy Duenow	21:11.97	2/16/02
6. William Derrick	22:38.83	2/1/00
7. Mark Ramp	22:56.13	2/2/96
8. Tracy Rivera	24:27.11	2/20/03
9. Mike Robicheau	25:43.35	2/29/08
10. Eric Taylor	27:38.49	2/20/03

### 50 back

1. Clark Rush	27.35	2/17/95
2. Dave Ruckstuhl	28.74	2/13/98
3. Bruce Jones	29.97	2/17/95
4. Ed Cronick	30.18	2/19/93
5. R. Johannsen	30.25	1/18/94
6. Matt Hershock	30.68	2/18/11
7. Richard Verreydt	31.22	3/1/08
8. Kent Hamilton	32.20	2/26/10
9. John Zell	32.44	2/19/93
19. James Vongrabow	32.64	2/1/96

### 100 back

1. Frank Bihlman	1:00.23	5/10/96
2. Carl Benson	1:00.24	2/16/01
3. Mark Van Arsdale	1:02.48	2/27/09
4. Dave Ruckstuhl	1:04.18	2/14/98
5. Matt Hershock	1:04.29	2/18/11
6. Bruce Jones	1:05.87	2/20/93
7. Richard Verreydt	1:09.99	2/16/07
8. Dean Courtney	1:11.51	2/15/02
9. Norm Herron	1:15.16	2/14/98
10. James Wheeler	1:16.74	2/14/04

### 200 back

1. John McConnochie	2:10.70	2/1/89
2. Dave Ruckstuhl	2:19.42	2/13/98
3. Frank Bihlman	2:21.28	2/1/96
4. Bruce Jones	2:28.43	2/19/93
5. Dean Courtney	2:45.83	2/14/03
6. Bob Wysocki	3:01.84	2/13/04
7. James Vongrabow	3:12.09	2/1/96
8.		
9.		
10.		

### 50 breast

1. Robert Forgit	28.81	5/16/97
2. Frank Bihlman	29.84	5/16/97
3. Karl Holfeld	31.65	2/17/95
4. Bruce Jones	31.73	2/17/95
5. Bill Wilson	32.28	2/13/98
6. Joseph Thomas	33.35	2/13/98
7. Doug Goering	33.42	2/13/98
8. Ed Cronick	33.40	2/19/93
9. Richard Verreydt	33.63	3/1/08
10. David Jenkins	33.67	2/1/00

### 100 breast

1. Robert Forgit	1:02.50	5/16/97
2. Carl Benson	1:02.55	2/16/01
3. Frank Bihlman	1:04.60	5/16/97
4. Mark Van Arsdale	1:04.69	2/28/09
5. Bruce Jones	1:10.33	2/20/93
6. Doug Goering	1:11.75	2/15/97
7. Ron Larsen	1:12.15	2/15/97
8. Joseph Thomas	1:12.40	2/14/98
9. David Jenkins	1:13.84	2/1/00
10. Norm Herron	1:14.36	2/12/99

### 200 breast

1. Robert Forgit	2:23.95	5/16/97
2. Ron Larsen	2:31.34	5/16/97
3. Bruce Jones	2:39.26	2/20/93
4. Norm Herron	2:46.62	2/13/99
5. Curtis Patteson	2:48.55	2/26/10
6. Peter Ellingson	2:51.77	2/13/99
7. Bill Wilson	3:00.25	2/14/98
8. Mark Titzel	3:16.38	2/13/04
9.		
10.		

### 50 fly

1. Michael Sorensen	23.06	5/16/03
2. Rick Abbott	24.96	2/17/95
3. Frank Bihlman	25.48	5/10/96
4. Doug Goering	26.06	5/14/97
5. Robert Forgit	26.11	2/13/98
6. Ed Cronick	26.36	2/19/93
7. Bruce Jones	26.46	2/17/95
8. John Lindquist	26.54	2/15/02
9. Phil Hedges	26.60	2/19/99
10. David Jenkins	26.61	2/1/00

### 100 fly

1. Michael Sorensen	50.30	5/16/03
2. Mark Van Arsdale	56.54	2/27/09
3. Frank Bihlman	57.71	5/12/96
4. David Jenkins	58.90	2/1/00
5. Phil Hedges	59.57	2/13/99
6. Doug Goering	1:00.38	2/14/97
7. R. Johannsen	1:00.72	1/18/94
8. James Wheeler	1:01.46	2/1/00
9. John Lindquist	1:01.74	2/16/02
10. John Zell	1:06.41	2/19/93

### 200 fly

1. Michael Sorensen	1:54.09	5/16/03
2. Phil Hedges	2:18.51	2/12/99
3. James Wheeler	2:32.35	2/4/02
4.		
5.		
6.		
7.		
8.		
9.		
10.		

### 100 IM

1. Michael Sorensen	55.11	5/16/03
2. Robert Forgit	58.40	2/1/00
3. Rick Abbott	58.96	2/18/95
4. Frank Bihlman	59.94	5/16/97
5. John Lindquist	1:00.46	2/15/02
6. R. Johannsen	1:01.78	1/19/94
7. Bruce Jones	1:01.91	1/19/94
8. David Jenkins	1:03.45	2/1/00
9. Doug Goering	1:03.62	2/15/97
10. Ed Cronick	1:03.75	2/20/93

### 200 IM

1. John McConnochie	2:05.41	5/1/89
2. Frank Bihlman	2:11.62	5/11/96
3. Robert Forgit	2:13.28	2/13/98
4. John Lindquist	2:14.63	2/16/02
5. David Jenkins	2:21.65	2/1/00
6. Doug Goering	2:25.05	2/14/97
7. James Wheeler	2:27.52	2/14/03
8. Norm Herron	2:33.07	5/16/97
9. John Rush	2:36.07	2/19/93
10. Richard Verreydt	2:36.65	2/17/07

### 400 IM

1. John McConnochie	4:27.66	5/1/89
2. Ron Larsen	5:09.34	5/16/97
3. Dean Courtney	5:47.30	2/16/01
4. Tracy Rivera	6:40.69	2/15/02
5.		
6.		
7.		
8.		
9.		
10.		

## MEN 40-44

### 50 free

1. Rick Abbott	21.98	5/11/96
2. Robert Forgit	23.60	2/20/03
3. John McConnochie	23.92	1/19/94
4. Bill Goding	24.38	1/19/94
5. David Leonard	24.51	2/2/96
6. Stan Steck	24.67	5/14/99
7. Dave Ruckstuhl	25.12	4/30/02
8. Ed Cronick	25.19	1/19/94
9. <b>John Garrity</b>	<b>25.36</b>	<b>2/26/10</b>
10. Paul Richardson	25.43	2/15/97

### 100 free

1. Rick Abbott	48.17	5/11/96
2. Michael Sorensen	50.57	3/1/08
3. Bill Goding	52.31	1/19/94
4. Robert Forgit	53.30	2/18/05
5. David Jackson	54.54	2/14/98
6. Stan Steck	54.63	5/14/99
7. Ed Cronick	54.98	2/18/95
8. <b>John Garrity</b>	<b>55.37</b>	<b>2/27/10</b>
9. Phil Hedges	55.51	2/1/00
10. Ed Cronick	55.53	2/18/95

### 200 free

1. Rick Abbott	1:48.14	5/14/99
2. Matthew Dixon	1:52.62	5/16/03
3. Michael Sorensen	1:52.80	2/29/08
4. Bill Goding	1:53.48	1/18/94
5. John McConnochie	1:53.94	2/1/96
6. Jack Marks	1:57.02	4/23/04
7. David Leonard	2:04.06	2/14/97
8. Dave Ruckstuhl	2:04.61	2/16/02
9. <b>John Garrity</b>	<b>2:04.67</b>	<b>2/26/10</b>
10. Andy Duenow	2:09.05	2/16/07

### 500 free

1. Rick Abbott	5:04.66	5/14/99
2. Matthew Dixon	5:06.45	5/15/03
3. Jack Marks	5:09.43	4/23/04
4. John McConnochie	5:11.48	1/18/94
5. Bill Goding	5:11.94	1/18/94
6. Michael Sorensen	5:14.02	3/1/08
7. Phil Hedges	5:39.46	2/16/01
8. Brad Gamblin	5:41.23	2/1/96
9. Dave Ruckstuhl	5:41.94	2/15/02
10. <b>Andy Duenow</b>	<b>5:43.63</b>	<b>2/27/10</b>

### 1000 free

1. Matthew Dixon	10:32.77	5/15/03
2. Jack Marks	10:36.63	4/22/04
3. Rick Abbott	11:15.00	2/15/97
4. Phil Hedges	11:46.25	2/17/01
5. Brad Gamblin	11:51.70	2/15/97
6. David Leonard	12:07.88	2/15/97
7. Ron Larsen	12:20.37	2/17/01
8. Andy Duenow	12:29.06	2/17/06
9. Mark Campbell	13:08.81	2/12/99
10. <b>Tracy Rivera</b>	<b>13:37.51</b>	<b>2/26/10</b>

### 1650 free

1. Matthew Dixon	18:13.72	2/20/03
2. Rick Abbott	19:10.99	2/14/98
3. Brad Gamblin	19:35.46	2/2/96
4. Dave Ruckstuhl	19:50.85	2/16/02
5. Ron Larsen	20:48.98	2/1/00
6. David Leonard	21:09.41	2/14/98
7. Mark Campbell	21:31.20	2/14/98
8. Tom Tucker	21:34.01	1/19/94
9. Dean Orbison	21:51.62	1/19/94
10. <b>Tracy Rivera</b>	<b>22:35.34</b>	<b>2/26/10</b>

### 50 back

1. Rick Abbott	27.07	2/1/96
2. David Jackson	29.14	2/13/98
3. <b>Francis Wiese</b>	<b>30.72</b>	<b>2/18/11</b>
4. Ed Cronick	30.85	1/18/94
5. Paul Richardson	31.06	2/14/97
6. Dave Ruckstuhl	31.10	4/30/02
7. Scott Cornelius	32.00	2/13/04
8. Brad Gamblin	33.06	2/14/97
9. Charlie Paul	33.20	2/14/97
10. Andy Duenow	33.28	3/1/08

### 100 back

1. Matthew Dixon	58.32	2/18/06
2. Rick Abbott	58.57	2/14/98
3. David Jackson	1:01.47	2/14/98
4. Dave Ruckstuhl	1:04.29	2/15/02
5. <b>Jens Beck</b>	<b>1:09.42</b>	<b>2/18/11</b>
6. Andy Duenow	1:12.05	2/29/08
7. Scott Cornelius	1:13.52	2/14/04
8. David Purcell	1:16.79	2/15/02
9. Norm Herron	1:18.58	2/15/02
10. Mike Klawitter	1:21.20	2/6/01

### 200 back

1. Rick Abbott	2:09.33	2/13/98
2. Matthew Dixon	2:10.18	2/17/07
3. John McConnochie	2:13.40	2/1/96
4. David Jackson	2:14.35	2/13/98
5. Dave Ruckstuhl	2:22.07	2/16/02
6. <b>Francis Wiese</b>	<b>2:31.80</b>	<b>2/27/10</b>
7. Frank Bihlman	2:34.06	2/13/98
8. Norm Herron	2:47.25	2/16/02
9. Mike Klawitter	3:20.02	2/13/98
10.		

### 50 breast

1. Robert Forgit	29.43	2/19/05
2. Frank Bihlman	30.68	5/15/02
3. <b>Jens Beck</b>	<b>30.70</b>	<b>2/18/11</b>
4. Rick Abbott	31.00	2/1/96
5. Kevin McCoy	32.45	1/18/94
6. Jeff Selvey	32.50	2/19/93
7. Paul Richardson	33.34	2/17/95
8. Brad Gamblin	33.94	2/1/00
9. Ed Cronick	34.12	1/18/94
10. John Power	34.41	2/26/02

### 100 breast

1. Robert Forgit	1:06.17	2/19/03
2. Frank Bihlman	1:06.22	5/9/98
3. Rick Abbott	1:07.39	2/2/96
4. Jeff Selvey	1:12.16	1/19/94
5. Kevin McCoy	1:12.43	1/19/94
6. David Seng	1:13.66	4/30/02
7. Paul Richardson	1:13.92	2/15/97
8. Bill Gallanger	1:15.73	5/16/97
9. Brad Gamblin	1:15.77	2/12/99
10. Mark Campbell	1:15.85	2/14/98

### 200 breast

1. Ron Larsen	2:29.73	2/1/00
2. Rick Abbott	2:31.14	2/14/98
3. Robert Forgit	2:36.25	2/17/06
4. Frank Bihlman	2:38.14	2/16/02
5. Jeff Selvey	2:39.68	2/20/93
6. Mark Campbell	2:44.32	2/14/98
7. Bill Gallanger	2:48.85	2/2/96
8. David Seng	2:50.74	2/19/03
9. David Purcell	2:59.40	2/16/02
10. Norm Herron	3:00.47	2/14/98

### 50 fly

1. Rick Abbott	24.38	5/14/99
2. Michael Sorensen	24.74	2/29/08
3. Frank Bihlman	25.47	5/8/98
4. Phil Hedges	26.39	2/1/00
5. Ed Cronick	26.62	1/18/94
6. Robert Forgit	27.03	2/20/03
7. Stan Steck	27.26	5/14/99
8. Paul Richardson	27.42	2/17/95
9. Scott Cornelius	27.63	2/14/04
10. James Wheeler	28.27	2/18/05

### 100 fly

1. Rick Abbott	53.73	5/14/99
2. Michael Sorensen	53.88	3/1/08
3. Frank Bihlman	57.14	5/8/98
4. Matthew Dixon	58.84	2/13/04
5. Phil Hedges	59.26	2/1/00
6. Robert Forgit	27.03	2/20/03
7. Bill Goding	1:01.15	1/18/94
8. James Wheeler	1:05.19	2/19/05
9. Kevin McCoy	1:05.22	2/13/99
10. Stan Steck	1:05.48	2/13/99

### 200 fly

1. Michael Sorensen	2:08.90	2/29/08
2. John McConnochie	2:10.56	2/1/96
3. Matthew Dixon	2:13.12	2/18/05
4. Phil Hedges	2:18.51	2/15/01
5. James Wheeler	2:36.87	2/18/05
6. Norm Herron	3:14.53	2/14/04
7. <b>Tracy Rivera</b>	<b>3:16.72</b>	<b>2/27/10</b>
8. Scott Cornelius	3:19.29	2/14/04
9.		
10.		

### 100 IM

1. Rick Abbott	55.91	5/12/96
2. Matthew Dixon	58.42	2/14/04
3. Frank Bihlman	59.37	5/9/98
4. John McConnochie	59.70	1/19/94
5. Bill Goding	1:00.39	1/19/94
6. Paul Richardson	1:03.17	2/18/95
7. Robert Forgit	1:03.70	2/17/06
8. Kevin McCoy	1:06.26	1/19/94
9. John Power	1:06.52	2/15/02
10. David Seng	1:07.07	4/30/02

### 200 IM

1. John McConnochie	2:08.99	2/1/96
2. Matthew Dixon	2:09.32	5/16/03
3. Rick Abbott	2:10.11	2/13/99
4. Frank Bihlman	2:13.83	5/10/98
5. <b>Jens Beck</b>	<b>2:16.52</b>	<b>2/18/11</b>
6. David Seng	2:26.18	2/16/02
7. Jeff Selvey	2:33.79	2/19/93
8. John Power	2:33.80	2/17/01
9. David Purcell	2:36.98	2/14/03
10. Norm Herron	2:27.30	2/16/02

### 400 IM

1. John McConnochie	4:39.51	1/19/94
2. Matthew Dixon	4:48.67	5/16/04
3. Frank Bihlman	4:59.10	2/13/98
4. Ron Larsen	5:12.69	5/10/00
5. David Seng	5:19.64	2/16/02
6. James Wheeler	5:33.63	2/19/05
7. Jeff Selvey	5:44.65	1/19/94
8. Norm Herron	5:48.87	2/1/00
9. John Power	5:40.14	2/15/02
10. <b>Tracy Rivera</b>	<b>6:33.74</b>	<b>2/26/10</b>

## MEN 45-49

### 50 free

1. Rick Abbott	22.50	5/15/02
2. Ted Hammond	23.30	4/30/02
3. Rick Wery	24.14	2/12/99
4. Stan Steck	24.88	2/1/00
5. David Leonard	25.18	2/16/01
6. Glenn Preston	26.08	2/16/01
7. Ron Larsen	26.50	2/27/09
8. Jack Marks	26.55	2/17/07
9. Eric Holmgren	26.55	2/18/11
10. Jay Beaudin	26.64	2/1/00

### 100 free

1. Rick Abbott	49.33	2/16/02
2. Ted Hammond	51.53	5/15/02
3. Stan Steck	56.04	2/13/04
4. David Leonard	57.09	2/13/04
5. Jack Marks	57.62	2/16/07
6. Glenn Preston	58.54	2/17/01
8. John Garrity	59.07	2/18/11
9. Daniel Blake	59.78	1/19/94
9. Jay Beaudin	59.78	2/1/00

### 200 free

1. Rick Abbott	1:48.76	5/16/03
2. Matthew Dixon	1:52.64	4/30/11
3. Jack Marks	2:02.96	2/17/07
4. Rick Wery	2:03.91	2/1/00
5. Brad Gamblin	2:04.66	2/17/01
6. Glenn Preston	2:06.05	2/17/01
7. David Leonard	2:09.98	2/1/00
8. John Garrity	2:11.12	2/18/11
9. David Jackson	2:11.41	2/19/05
10. Daniel Blake	2:12.75	1/18/94

### 500 free

1. Matthew Dixon	5:16.19	2/27/10
2. Rick Abbott	5:20.22	2/14/03
3. Jack Marks	5:28.74	2/16/07
4. Glenn Preston	5:31.22	2/16/01
5. Brad Gamblin	5:34.35	2/15/02
6. Rick Wery	5:52.04	2/1/00
7. Ron Larsen	6:01.14	2/28/09
8. Andrew Duenow	6:03.64	2/17/11
9. David Leonard	6:03.95	2/16/01
10. James Wickes	6:14.63	1/18/94

### 1000 free

1. Matthew Dixon	10:50.35	2/27/09
2. Glenn Preston	11:24.63	2/17/01
3. Brad Gamblin	11:26.11	2/17/01
4. David Leonard	12:39.73	2/17/01
5. David Purcell	13:19.19	2/14/04
6. Tom Jacobsen	13:22.07	2/18/95
7. Ed Holsten	13:40.77	2/20/93
8. David Burford	13:55.86	2/12/99
9. Craig Mollerstuen	14:05.83	2/26/10
10. Peter Erhardt	14:15.72	2/15/97

### 1650 free

1. Matthew Dixon	17:35.78	4/28/11
2. Jack Marks	18:39.15	2/17/07
3. Glenn Preston	19:26.96	2/16/02
4. David Leonard	21:12.85	2/16/02
5. James Wickes	21:54.78	1/19/94
6. Craig Mollerstuen	23:20.00	2/26/10
7. David Burford	23:33.42	2/1/00
8. M. Jones	23:45.23	1/19/94
9. Kimball Forrest	24:03.38	2/1/00
10. Tom Weyrauch	24:06.23	2/17/07

### 50 back

1. Matthew Dixon	27.10	3/1/08
2. Rick Abbott	27.38	2/16/02
3. Rick Wery	29.61	2/13/99
4. David Jackson	30.58	2/18/05
5. Stan Steck	31.22	2/1/00
6. Larry Holman	31.86	2/13/98
7. Jay Beaudin	33.71	2/1/00
8. Andrew Duenow	34.97	2/18/11
9. Dennis Epperly	35.74	2/17/01
10. Eric Holmgren	35.83	2/18/11

### 100 back

1. Rick Abbott	57.71	5/16/03
2. Matthew Dixon	57.78	2/27/09
3. David Jackson	1:05.88	2/19/05
4. Rick Wery	1:06.82	2/1/00
5. Stan Steck	1:08.20	2/14/04
6. Jack Marks	1:08.59	2/16/07
7. David Leonard	1:12.29	2/1/00
8. Daniel Blake	1:12.93	1/19/94
9. Tony Pastro	1:18.69	2/20/03
10. Tom Jacobsen	1:19.64	2/20/93

### 200 back

1. Matthew Dixon	2:07.52	3/1/08
2. Rick Abbott	2:11.18	2/16/02
3. David Jackson	2:24.22	2/19/05
4. Tom Jacobsen	2:53.17	2/18/95
5. Eric Peep	3:08.05	2/1/00
6. Jay Van Houten	3:21.48	2/16/02
7.		
8.		
9.		
10.		

### 50 breast

1. Robert Forgit	30.02	2/16/07
2. Frank Bihlman	30.55	5/16/03
3. Rick Wery	31.63	2/13/99
4. Kevin McCoy	31.98	2/17/95
5. Stan Steck	32.12	2/1/00
6. David Schmidt	33.06	2/19/93
7. Ted Hammond	33.20	2/19/03
8. Ray Hamilton	34.48	2/19/93
9. Brad Gamblin	34.49	2/17/01
10. Bill Larned	36.72	2/17/95

### 100 breast

1. Rick Wery	1:06.47	2/1/00
2. Frank Bihlman	1:06.56	5/16/03
3. Robert Forgit	1:08.05	2/28/09
4. Rick Abbott	1:09.26	2/14/03
5. Ron Larsen	1:09.33	2/28/09
6. Kevin McCoy	1:10.92	2/18/95
7. Brad Gamblin	1:16.18	2/16/01
8. Stan Steck	1:16.75	4/30/00
9. Daniel Blake	1:17.51	1/19/94
10. Ray Hamilton	1:17.76	2/20/93

### 200 breast

1. Ron Larsen	2:32.69	2/27/09
2. Rick Wery	2:33.60	2/1/00
3. Frank Bihlman	2:38.12	5/16/03
4. Kevin McCoy	2:40.30	2/18/95
5. Robert Forgit	2:45.60	2/16/07
6. Tom Weyrauch	3:00.44	2/16/07
7. James McGowan	3:02.66	2/1/00
8. Norm Herron	3:02.85	2/17/06
9. Bill Holt	3:06.50	2/18/95
10. Bill Larned	3:16.28	2/18/95

### 50 fly

1. Rick Abbott	24.41	5/15/02
2. Frank Bihlman	25.92	5/16/03
3. Ted Hammond	26.03	5/15/02
4. Stan Steck	27.80	2/1/00
5. Kevin McCoy	28.13	2/17/95
6. David Schmidt	28.66	2/19/93
7. Larry Holman	29.24	2/13/98
8. Glenn Preston	29.33	2/1/00
9. Karl Reiche	30.25	2/1/00
10. Jay Beaudin	30.41	2/1/00

### 100 fly

1. Ted Hammond	58.84	5/15/02
2. Kevin McCoy	1:02.26	2/17/95
3. Glenn Preston	1:04.37	4/30/00
4. Daniel Blake	1:06.15	1/18/94
5. Stan Steck	1:09.03	2/13/04
6. David Purcell	1:10.19	2/13/04
7. Andrew Duenow	1:15.25	2/18/11
8. Ray Hamilton	1:16.35	2/19/93
9. Andrew Josephson	1:25.59	2/18/11
10. John Herchleb	1:26.96	2/16/02

### 200 fly

1. Ted Hammond	2:29.88	5/15/02
2. Brad Gamblin	2:59.70	2/15/02
3. John Herchleb	3:21.34	2/15/02
4. Tom Weyrauch	3:22.18	2/17/07
5.		
6.		
7.		
8.		
9.		
10.		

### 100 IM

1. Rick Abbott	56.51	5/15/02
2. Matthew Dixon	59.95	3/1/01
3. Rick Wery	1:00.34	2/12/99
4. Frank Bihlman	1:00.62	5/16/03
5. Ted Hammond	1:03.50	2/20/03
6. Stan Steck	1:04.28	2/1/00
7. Kevin McCoy	1:05.78	2/18/95
8. Jay Beaudin	1:09.40	2/1/00
9. Glenn Preston	1:09.56	2/16/01
10. David Purcell	1:10.56	2/14/04

### 200 IM

1. Matthew Dixon	2:07.94	2/28/09
2. Frank Bihlman	2:17.59	5/16/03
3. Stan Steck	2:25.47	2/1/00
4. Ron Larsen	2:26.22	2/28/09
5. Daniel Blake	2:28.35	1/18/94
6. Glenn Preston	2:30.30	2/1/00
7. David Purcell	2:37.69	2/13/04
8. M. Jones	2:43.74	1/18/94
9. Ray Hamilton	2:46.31	2/19/93
10. Tom Jacobsen	2:48.76	2/19/93

### 400 IM

1. Matthew Dixon	4:37.60	4/29/11
2. Ron Larsen	5:14.85	2/27/09
3. Glenn Preston	5:15.61	2/15/02
4. Kevin McCoy	5:25.57	2/14/98
5. Brad Gamblin	5:25.68	2/28/02
6. Tom Weyrauch	6:24.77	1/18/07
7. James McGowan	6:25.14	2/1/00
8.		
9.		
10.		

## MEN 50-54

### 50 free

1. Rick Abbott	22.85	2/28/09
2. Ted Hammond	23.29	4/23/04
3. Stan Steck	25.28	2/19/05
4. <b>David Jackson</b>	<b>25.63</b>	<b>2/26/10</b>
5. David Schmidt	25.72	2/12/99
6. David Leonard	25.79	2/17/06
7. Joel Curtis	26.04	2/14/04
8. Ed Holsten	26.38	2/15/97
9. Larry Holman	26.55	2/12/99
10. <b>Steven Gordon</b>	<b>27.11</b>	<b>2/26/10</b>

### 100 free

1. Rick Abbott	49.35	2/28/09
2. Ted Hammond	52.02	4/23/04
3. Joel Curtis	54.78	5/16/03
4. David Leonard	57.08	2/17/06
5. <b>David Jackson</b>	<b>57.21</b>	<b>2/27/10</b>
6. David Schmidt	57.22	2/13/99
7. <b>Clark Rush</b>	<b>58.13</b>	<b>2/18/11</b>
8. Daniel Blake	59.02	2/15/97
9. <b>Steven Gordon</b>	<b>59.83</b>	<b>2/27/10</b>
10. Ed Holsten	1:00.22	2/15/97

### 200 free

1. Rick Abbott	1:51.00	2/18/06
2. Ted Hammond	1:59.36	4/23/04
3. Joel Curtis	2:03.53	5/16/03
4. Glenn Preston	2:05.90	2/14/04
5. <b>David Jackson</b>	<b>2:06.74</b>	<b>2/26/10</b>
6. David Leonard	2:11.59	2/17/06
7. Rick Wery	2:12.54	2/20/03
8. <b>Ron Larsen</b>	<b>2:13.91</b>	<b>2/18/11</b>
9. Daniel Blake	2:14.43	2/1/96
10. Tom Jacobsen	2:18.44	2/13/98

### 500 free

1. Rick Abbott	5:26.12	2/16/07
2. Glenn Preston	5:42.18	2/13/04
3. Joel Curtis	5:45.81	5/16/03
4. Rick Wery	6:02.18	2/19/03
5. David Leonard	6:08.27	2/17/06
6. <b>Ron Larsen</b>	<b>6:13.61</b>	<b>2/18/11</b>
7. <b>Steve Summers</b>	<b>6:19.78</b>	<b>2/27/10</b>
8. Tom Jacobsen	6:20.50	2/13/98
9. David Purcell	6:33.70	2/28/09
10. Ed Holsten	6:35.63	2/13/98

### 1000 free

1. Glenn Preston	11:35.27	2/14/04
2. Joel Curtis	12:17.33	5/15/03
3. David Leonard	12:52.90	2/17/06
4. <b>Ron Larsen</b>	<b>12:56.30</b>	<b>2/26/10</b>
5. <b>Steve Summers</b>	<b>13:04.86</b>	<b>2/26/10</b>
6. David Schmidt	13:13.57	2/12/99
7. David Purcell	13:30.95	2/27/09
8. David Burford	13:45.97	2/17/01
9. Ed Holsten	13:58.60	2/12/99
10. Ray Hamilton	14:05.75	2/18/95

### 1650 free

1. Glenn Preston	20:00.88	2/18/05
2. Ted Hammond	20:07.99	4/22/04
3. <b>Ron Larsen</b>	<b>21:28.79</b>	<b>2/26/10</b>
4. Joel Curtis	21:36.45	2/20/03
5. <b>Steve Summers</b>	<b>21:50.70</b>	<b>2/26/10</b>
6. Tom Jacobsen	21:54.56	2/14/98
7. Ed Holsten	23:08.09	2/14/98
8. Ray Hamilton	23:16.36	5/9/96
9. Ken Hickey	23:55.95	2/2/96
10. David Burford	24:26.82	2/20/03

### 50 back

1. Rick Abbott	26.76	2/28/09
2. Rick Wery	30.46	4/30/03
3. David Jackson	31.00	2/17/07
4. <b>Clark Rush</b>	<b>31.06</b>	<b>2/18/11</b>
5. David Schmidt	31.62	2/13/98
6. Stan Steck	32.06	2/17/07
7. Larry Holman	32.62	2/13/99
8. <b>Steven Gordon</b>	<b>34.21</b>	<b>2/26/10</b>
9. Ken Hickey	34.27	2/1/96
10. Ed Holsten	34.37	2/14/97

### 100 back

1. Rick Abbott	58.91	2/18/06
2. Rick Wery	1:05.20	4/30/03
3. David Jackson	1:05.55	2/16/07
4. Stan Steck	1:11.51	2/16/07
5. Ken Hickey	1:14.26	2/2/96
6. Ray Hamilton	1:24.47	1/19/94
7. Alan Davis	1:25.62	2/12/99
8. Bill Larned	1:31.25	2/12/99
9. Greg Pease	1:33.62	2/16/01
10. Mark Jacobsen	1:33.62	2/20/03

### 200 back

1. Rick Abbott	2:08.65	2/16/07
2. <b>David Jackson</b>	<b>2:22.37</b>	<b>2/27/10</b>
3. Glenn Preston	2:34.31	2/13/04
4. Rick Wery	2:34.79	2/19/03
5. Tom Jacobsen	2:43.10	2/1/00
6. Ken Hickey	2:43.74	2/1/96
7. Ken Winterberger	3:42.39	2/18/05
8. Forest Brooks	5:33.97	2/16/02
9.		
10.		

### 50 breast

1. Rick Wery	31.52	4/30/03
2. Rick Abbott	31.73	2/16/07
3. Stan Steck	32.60	2/18/06
4. Daniel Blake	32.85	2/1/00
5. Ray Hamilton	33.97	5/12/96
6. Joel Curtis	35.79	2/19/05
7. Robert Cowan	36.80	2/19/05
8. Paul Johnsen	37.78	2/1/00
9. Ed Holsten	37.92	2/17/95
10. Boyd Morgenthaler	38.33	2/16/02

### 100 breast

1. Rick Wery	1:08.77	2/20/03
2. <b>Rick Abbott</b>	<b>1:09.11</b>	<b>2/27/10</b>
3. <b>Ron Larsen</b>	<b>1:10.44</b>	<b>2/27/10</b>
4. Daniel Blake	1:12.94	2/1/00
5. Stan Steck	1:13.24	2/17/06
6. Ray Hamilton	1:15.62	5/11/96
7. Joel Curtis	1:17.63	2/18/05
8. Tom Jacobsen	1:21.97	2/1/00
9. David Burford	1:23.68	2/20/03
10. Boyd Morgenthaler	1:23.97	2/1/00

### 200 breast

1. Rick Wery	2:35.76	2/19/03
2. <b>Ron Larsen</b>	<b>2:37.46</b>	<b>2/26/10</b>
3. Daniel Blake	2:37.63	5/16/97
4. Ray Hamilton	2:50.16	5/10/96
5. Joel Curtis	2:58.84	2/19/03
6. Tom Jacobsen	2:59.50	2/1/00
7. David Burford	3:07.61	2/17/01
8. Ken Hickey	3:09.38	2/2/96
9. Paul Johnsen	3:22.70	2/13/04
10. Bill Larned	3:24.02	2/13/99

### 50 fly

1. Rick Abbott	24.23	2/29/08
2. Ted Hammond	26.26	4/23/04
3. Stan Steck	28.13	2/17/06
4. Larry Holman	28.39	2/12/99
5. <b>Clark Rush</b>	<b>28.46</b>	<b>2/18/11</b>
6. David Schmidt	28.88	2/13/98
7. Daniel Blake	29.01	2/1/00
8. Ed Holsten	29.76	2/17/95
8. <b>Steven Gordon</b>	<b>31.14</b>	<b>2/18/11</b>
9. Joel Curtis	32.34	2/14/04

### 100 fly

1. Rick Abbott	59.03	2/17/07
2. Ted Hammond	59.86	4/23/04
3. Daniel Blake	1:03.95	2/1/00
4. Larry Holman	1:11.76	2/13/99
5. Ray Hamilton	1:14.98	1/18/94
6. Boyd Morgenthaler	1:30.89	2/16/02
7. Ken Winterberger	1:39.19	2/17/06
8.		
9.		
10.		

### 200 fly

1. Daniel Blake	2:31.98	5/16/71
2. Ray Hamilton	2:58.42	2/18/95
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		

### 100 IM

1. Rick Abbott	57.32	2/28/09
2. Rick Wery	1:02.97	2/20/03
3. Daniel Blake	1:05.55	2/1/00
4. Stan Steck	1:05.68	2/19/05
5. <b>Clark Rush</b>	<b>1:06.05</b>	<b>2/18/11</b>
6. David Schmidt	1:08.86	2/14/98
7. Larry Holman	1:09.85	2/1/00
8. Joel Curtis	1:09.90	2/15/02
9. Ed Holsten	1:12.36	2/18/95
10. <b>Steven Gordon</b>	<b>1:13.19</b>	<b>2/18/11</b>

### 200 IM

1. Rick Abbott	2:07.68	2/17/07
2. Daniel Blake	2:23.85	5/16/97
3. Stan Steck	2:28.10	2/17/06
4. <b>Ron Larsen</b>	<b>2:29.03</b>	<b>2/27/10</b>
5. Glenn Preston	2:35.64	2/18/05
6. Ray Hamilton	2:48.56	1/18/94
7. Tom Jacobsen	2:49.45	2/1/00
8. <b>Steve Summers</b>	<b>2:53.90</b>	<b>2/27/10</b>
9. Ken Hickey	2:56.42	2/13/99
10. Boyd Morgenthaler	3:00.24	2/16/02

### 400 IM

1. Daniel Blake	5:16.76	5/16/97
2. <b>Ron Larsen</b>	<b>5:25.87</b>	<b>2/18/11</b>
3. Tom Jacobsen	5:52.98	2/1/00
4. Ray Hamilton	6:23.20	5/10/96
5. Ken Winterberger	7:32.06	2/17/06
6.		
7.		
8.		
9.		
10.		

## MEN 55-59

### 50 free

1. Rick Abbott	22.90	4/29/11
2. David Schmidt	26.25	5/16/03
3. Paul Richardson	27.10	2/26/10
4. Ed Holsten	27.37	2/16/01
5. Kevin Curtis	28.72	2/14/04
6. Rick Fox	29.91	2/26/10
7. Bill Avery	31.45	2/14/98
8. Monte Lyons	31.98	1/19/94
9. Kneeland Taylor	32.02	2/19/05
10. Robert Fisk	32.50	2/20/93

### 100 free

1. Joel Curtis	57.15	2/17/06
2. Ed Holsten	1:03.00	2/1/00
3. Ray Hamilton	1:03.17	2/1/00
4. Rick Fox	1:06.21	2/27/10
5. Kevin Curtis	1:07.47	2/13/04
6. Monte Lyons	1:10.96	2/18/95
7. Bill Avery	1:13.48	2/14/98
8. Dave Burford	1:13.48	2/27/10
9. Doug Doner	1:14.96	2/20/93
10. Kneeland Taylor	1:15.09	2/17/06

### 200 free

1. Rick Abbott	1:49.56	4/30/11
2. Joel Curtis	2:09.21	2/18/06
3. Glenn Preston	2:10.54	2/18/11
4. David Schmidt	2:17.66	2/17/01
5. Ed Holsten	2:24.75	2/17/01
6. Ray Hamilton	2:29.21	2/1/00
7. Rick Fox	2:32.74	2/26/10
8. Dave Burford	2:39.38	2/17/06
9. Kevin Curtis	2:42.29	2/14/04
10. Kneeland Taylor	2:58.00	2/17/06

### 500 free

1. Glenn Preston	5:56.14	2/17/11
2. Ed Holsten	6:34.11	2/16/01
3. Dave Burford	7:12.48	2/16/07
4. Rick Fox	7:15.83	2/27/10
5. Ken Hickey	7:28.23	2/6/01
6. Ray Hamilton	7:41.44	2/13/99
7. Kneeland Taylor	7:58.47	2/19/03
8. Monte Lyons	7:59.26	1/19/94
9. Kevin Curtis	8:20.33	2/15/02
10. Doug Doner	8:22.31	2/13/98

### 1000 free

1. Glenn Preston	12:24.82	2/18/11
2. Ed Holsten	13:43.38	2/17/01
3. Ray Hamilton	14:35.82	2/12/99
4. Dave Burford	14:38.13	2/17/06
5. Kneeland Taylor	17:15.11	2/17/06
6. Ken Winterberger	17:26.26	2/27/09
7. Peter Giannini	18:55.73	2/14/04
8. Forest Brooks	26:10.27	2/14/04
9.		
10.		

### 1650 free

1. Ray Hamilton	23:41.62	5/13/99
2. Ed Holsten	23:55.56	2/16/02
3. Dave Burford	24:38.08	2/26/10
4. Kneeland Taylor	29:09.56	2/17/07
5. Peter Giannini	32:40.97	2/20/03
6. Dennis Gentleman	44:57.34	2/1/00
7.		
8.		
9.		
10.		

### 50 back

1. Rick Abbott	27.79	2/18/11
2. Paul Richardson	32.23	2/26/10
3. Doug Doner	35.50	2/1/92
4. Skip Roy	36.11	2/19/03
5. Ken Hickey	37.06	2/17/01
6. Ed Holsten	38.02	2/13/04
7. Monte Lyons	39.75	2/17/95
8. Paul Johnsen	40.30	2/18/05
9. David Maas	43.06	2/17/01
10. Dave Burford	44.62	2/17/06

### 100 back

1. Rick Abbott	57.93	4/30/11
2. Doug Doner	1:19.55	2/1/92
3. Ken Hickey	1:22.32	2/16/01
4. Dave Burford	1:41.84	2/26/10
5. Forest Brooks	2:46.19	2/20/03
6.		
7.		
8.		
9.		
10.		

### 200 back

1. Rick Abbott	2:06.12	4/29/11
1. Ken Hickey	2:59.67	2/17/01
2. Doug Doner	3:09.91	2/19/93
3. Ray Hamilton	3:19.17	2/13/99
4. Dave Burford	3:35.66	2/16/07
5. Ken Winterberger	3:45.80	2/18/11
6. Forest Brooks	5:52.51	2/13/01
7.		
8.		
9.		
10.		

### 50 breast

1. David Schmidt	34.99	5/16/03
2. Joel Curtis	35.44	2/17/06
3. Ray Hamilton	35.81	2/1/00
4. Paul Richardson	36.69	2/27/10
5. Dave Burford	39.85	2/27/10
6. Ed Holsten	39.86	2/17/01
7. Paul Johnsen	39.91	2/19/05
8. Monte Lyons	40.95	2/17/95
9. Ken Winterberger	42.81	2/28/09
10. Bill Elbersen	42.95	2/17/06

### 100 breast

1. Ray Hamilton	1:18.52	2/12/99
2. Joel Curtis	1:18.80	2/17/06
3. Paul Richardson	1:21.18	2/27/10
4. Dave Burford	1:28.82	2/27/10
5. Paul Johnsen	1:29.00	2/18/05
6. Ed Holsten	1:32.26	2/17/07
7. Ken Winterberger	1:37.20	2/18/11
8. Bill Elbersen	1:38.79	2/17/06
9. Niel Thomas	1:43.89	2/12/99
10. Ken Hickey	1:50.30	2/19/03

### 200 breast

1. Ray Hamilton	2:57.59	5/14/99
2. Dave Burford	3:18.80	2/16/07
3. Bill Elbersen	3:33.12	2/17/06
4. Ken Winterberger	3:36.43	2/18/11
5. Dennis Gentleman	4:53.32	2/1/00
6. Forest Brooks	6:44.00	2/17/06
7.		
8.		
9.		
10.		

### 50 fly

1. Rick Abbott	24.58	4/29/11
2. Paul Richardson	28.75	2/27/10
3. Ed Holsten	30.70	2/1/01
4. Ray Hamilton	33.92	2/1/00
5. Paul Johnsen	36.54	2/18/05
6. Monte Lyons	40.03	2/17/95
7. Ken Winterberger	47.62	2/27/10
8. Bill Elbersen	50.41	2/20/03
9. Ken Hickey	50.82	2/20/03
10. Niel Thomas	51.07	2/13/98

### 100 fly

1. Ray Hamilton	1:14.52	5/14/99
2. Ken Winterberger	1:41.60	2/18/11
3. Peter Giannini	2:05.59	2/13/04
4.		
5.		
6.		
7.		
8.		
9.		
10.		

### 200 fly

1. Ray Hamilton	2:58.58	5/14/99
2. Ken Winterberger	3:51.34	2/27/10
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		

### 100 IM

1. Rick Abbott	57.23	4/20/11
2. Paul Richardson	1:09.77	2/26/10
3. Joel Curtis	1:10.46	2/17/06
4. Glenn Preston	1:13.13	2/18/11
5. Ed Holsten	1:15.16	2/1/00
6. Ray Hamilton	1:15.54	2/1/00
7. Monte Lyons	1:20.47	2/18/95
8. Paul Johnsen	1:22.20	2/19/05
9. Ken Hickey	1:26.39	2/16/01
10. Kneeland Taylor	1:28.32	2/20/03

### 200 IM

1. Glenn Preston	2:39.70	2/18/11
2. Ray Hamilton	2:51.53	5/14/99
3. Ed Holsten	3:08.53	2/13/04
4. Ken Winterberger	3:23.27	2/28/09
5. Kneeland Taylor	3:27.52	2/19/03
6. Bill Elbersen	3:35.94	2/17/07
7. Peter Giannini	4:03.47	2/14/03
8.		
9.		
10.		

### 400 IM

1. Ray Hamilton	6:25.31	2/1/99
2. Paul Johnsen	6:50.18	2/19/05
3. Ken Winterberger	7:28.28	2/26/10
4. Bill Elbersen	8:18.25	2/17/07
5. Peter Giannini	8:18.92	2/14/03
6.		
7.		
8.		
9.		
10.		

## MEN 60-64

### 50 free

1. Alex Masarik	27.44	2/1/91
2. David Schmidt	27.67	5/4/08
3. Daniel Blake	27.78	2/27/09
4. Larry Holman	28.05	2/26/10
5. Ed Holsten	28.57	2/19/05
6. Ed Mjolsnes	28.61	2/1/00
7. Ron Taylor	29.46	2/14/98
8. Kevin Curtis	30.05	2/17/06
9. Monte Lyons	32.06	2/2/96
10. Doug Doner	32.33	2/2/96

### 100 free

1. David Schmidt	1:01.86	2/17/06
2. Alex Masarik	1:03.13	2/1/91
3. Larry Holman	1:04.22	2/27/10
4. Ed Holsten	1:06.09	2/18/05
5. Kevin Curtis	1:09.35	2/17/06
6. Doug Doner	1:13.28	1/19/94
7. Ed Mjolsnes	1:16.34	2/13/04
8. Kneeland Taylor	1:19.98	2/27/10
9. Gordon Bartholomew	1:20.83	2/20/93
10. David Maas	1:22.36	2/16/02

### 200 free

1. Tom Jacobsen	2:23.64	12/30/09
2. Larry Holman	2:31.79	2/26/10
3. Ed Holsten	2:36.60	2/19/05
4. Ray Hamilton	2:47.61	2/29/08
5. Monte Lyons	2:53.25	2/14/97
6. Ed Mjolsnes	2:53.30	2/20/03
7. Doug Doner	2:54.24	1/18/94
8. Gordon Bartholomew	3:05.92	2/19/93
9. Jon Nauman	3:19.93	2/20/03
10. Fred Jorgensen	3:21.75	2/17/06

### 500 free

1. Monte Lyons	7:40.10	2/1/96
2. Wilson Condon	8:06.17	2/16/01
3. Niel Thomas	8:14.20	2/15/02
4. Ray Hamilton	8:17.06	2/29/08
5. Kneeland Taylor	8:26.03	2/27/10
6. Gordon Bartholomew	8:36.24	2/19/93
7. Robert Fisk	8:37.59	2/17/95
8. Jon Nauman	8:38.10	2/19/03
9.		
10.		

### 1650 free

1. Tom Jacobsen	23:09.82	1/23/10
2. Ray Hamilton	27:26.64	2/29/08
3. Monte Lyons	28:01.34	2/2/96
4. Wilson Condon	28:31.16	2/16/02
5. Kneeland Taylor	29:01.71	2/26/10
6. Niel Thomas	29:30.56	2/16/02
7. Doug Doner	31:47.81	2/2/96
8.		
9.		
10.		

### 1000 free

1. Ray Hamilton	16:39.84	2/29/08
2. Monte Lyons	16:40.39	2/15/97
3. Wilson Condon	16:59.65	2/17/01
4. Kneeland Taylor	17:28.07	2/26/10
5. Doug Doner	18:25.59	2/18/95
6. Jon Nauman	19:16.14	2/17/01
7.		
8.		
9.		
10.		

### 50 back

1. David Schmidt	34.44	2/18/06
2. Larry Holman	34.54	2/26/10
3. Alex Masarik	34.61	2/1/91
4. Daniel Blake	35.20	3/1/08
5. Doug Doner	35.20	1/18/94
6. Ron Taylor	36.23	2/13/98
7. Ed Holsten	38.21	2/18/05
8. David Maas	41.75	2/19/03
9. Monte Lyons	42.36	2/13/99
10. Ray Hamilton	43.16	2/29/08

### 100 back

1. Larry Holman	1:17.06	2/26/10
2. Doug Doner	1:21.51	1/19/94
3. David Maas	1:36.20	2/20/03
4. Monte Lyons	1:38.14	2/1/00
5. Fred Jorgensen	1:38.61	2/20/03
6. Forest Brooks	2:49.27	2/27/09
7.		
8.		
9.		
10.		

### 200 back

1. Tom Jacobsen	2:57.87	12/30/09
2. Doug Doner	3:21.51	1/18/94
3. Monte Lyons	3:31.88	2/1/00
4. Ray Hamilton	3:39.77	3/1/08
5. Fred Jorgensen	3:42.70	2/19/03
6. Forest Brooks	5:44.64	2/28/09
7.		
8.		
9.		
10.		

### 50 breast

1. Ron Taylor	34.61	2/13/98
2. Daniel Blake	34.86	2/27/10
3. Ed Mjolsnes	39.87	2/1/00
4. Kevin Curtis	40.25	2/17/06
5. Monte Lyons	40.71	2/1/96
6. Doug Doner	44.91	2/17/95
7. Kneeland Taylor	47.09	2/27/10
8. Joseph Whitlock	50.20	2/16/02
9. Robert Fisk	57.22	2/17/95
10. Fred Jorgensen	58.11	2/16/02

### 100 breast

1. Daniel Blake	1:16.82	2/29/08
2. Ron Taylor	1:17.44	2/14/98
3. Monte Lyons	1:30.99	2/2/96
4. Kevin Curtis	1:33.11	2/17/06
5. Ed Mjolsnes	1:35.15	2/14/04
6. Doug Doner	1:39.94	2/18/95
7. Joseph Whitlock	1:57.73	2/20/03
8. Robert Fisk	2:11.41	2/18/95
9. Forest Brooks	3:16.96	2/29/08
10.		

### 200 breast

1. Daniel Blake	2:52.88	2/27/09
2. Ray Hamilton	3:14.48	3/1/08
3. Ed Mjolsnes	3:28.21	2/19/03
4. Monte Lyons	3:33.54	2/1/00
5. Joseph Whitlock	4:56.05	2/19/03
6. Forest Brooks	6:19.83	2/27/09
7.		
8.		
9.		
10.		

### 50 fly

1. Larry Holman	31.03	2/27/10
2. Daniel Blake	31.23	2/29/08
3. Ed Holsten	31.60	2/18/05
4. David Schmidt	31.90	5/4/08
5. Ed Mjolsnes	32.02	2/15/02
6. Ron Taylor	34.77	2/13/98
7. Monte Lyons	40.81	2/1/96
8. David Maas	41.75	2/19/03
9. Fred Jorgensen	42.83	2/17/06
10. Joseph Whitlock	56.55	2/15/02

### 100 fly

1. Fred Jorgensen	1:37.29	2/13/04
2. Monte Lyons	1:43.44	2/12/98
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		

### 200 fly

1. Ray Hamilton	3:17.90	2/29/08
2. Fred Jorgensen	3:57.60	2/14/04
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		

### 100 IM

1. Daniel Blake	1:10.75	3/1/08
2. David Schmidt	1:15.39	5/3/08
3. Alex Masarik	1:17.08	2/1/91
4. Ed Holsten	1:19.31	2/19/05
5. Ed Mjolsnes	1:25.96	2/16/01
6. Monte Lyons	1:26.25	2/1/00
7. Kneeland Taylor	1:37.06	2/26/10
8. Fred Jorgensen	1:42.36	2/20/03
9. Joseph Whitlock	1:47.20	2/15/02
10. Niel Thomas	1:47.61	2/15/02

### 200 IM

1. Daniel Blake	2:34.06	2/28/08
2. Monte Lyons	3:20.56	2/14/97
3. Ed Mjolsnes	3:33.22	2/17/01
4. Kneeland Taylor	3:46.05	2/18/11
5. Fred Jorgensen	3:50.50	2/19/03
6. Robert Fisk	4:11.23	2/17/95
7. Jon Nauman	4:15.86	2/19/03
8. Joseph Whitlock	4:24.03	2/16/02
9.		
10.		

### 400 IM

1. Ray Hamilton	6:42.60	3/1/08
2. Monte Lyons	7:26.48	2/12/99
3. Fred Jorgensen	8:22.72	2/14/04
4.		
5.		
6.		
7.		
8.		
9.		
10.		

## MEN 65-69

### 50 free

1. Daniel Blake	29.08	2/18/11
2. Ed Mjolsnes	30.76	2/17/06
3. Ron Taylor	31.17	2/16/01
4. Yaro Mucha	33.98	2/12/99
5. Monte Lyons	36.34	2/14/04
6. Jon Nauman	38.09	2/19/05
7. Gus Hansen	1:58.39	2/1/00
8.		
9.		
10.		

### 100 free

1. Ron Taylor	1:11.73	2/17/01
2. Ed Mjolsnes	1:12.01	2/17/06
3. Yaro Mucha	1:17.46	2/12/99
4. Jon Nauman	1:28.00	2/18/05
5.		
6.		
7.		
8.		
9.		
10.		

### 200 free

1. Daniel Blake	2:32.62	2/18/11
2. Ray Hamilton	2:41.41	2/27/09
3. Ed Mjolsnes	2:52.14	2/18/06
4. Yaro Mucha	2:55.13	2/13/99
5. Monte Lyons	3:14.93	2/15/03
6. Jon Nauman	3:24.01	2/27/09
7. Wilson Condon	3:28.30	2/19/05
8. George Etsell	3:52.58	2/19/93
9.		
10.		

### 500 free

1. Yaro Mucha	7:35.84	2/17/95
2. Ray Hamilton	7:53.41	2/27/09
3. Ed Mjolsnes	7:54.20	2/17/06
4. Wilson Condon	8:46.97	2/19/05
5. Monte Lyons	8:54.02	2/15/02
6. Jon Nauman	8:58.57	2/17/06
7. George Etsell	10:22.42	2/19/93
8.		
9.		
10.		

### 1000 free

1. Ray Hamilton	15:40.05	2/27/09
2. Ed Mjolsnes	16:52.82	2/18/06
3. Monte Lyons	17:58.28	2/17/01
4. Wilson Condon	18:33.57	2/18/05
5. George Etsell	21:31.28	2/20/93
6.		
7.		
8.		
9.		
10.		

### 1650 free

1. Ray Hamilton	26:10.57	2/26/10
2. Wilson Condon	30:32.06	2/18/05
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		

### 50 back

1. Ron Taylor	37.51	2/17/01
2. Daniel Blake	37.59	2/18/11
3. Monte Lyons	45.64	2/13/04
4. Yaro Mucha	46.19	2/13/98
5. Ed Mjolsnes	48.29	3/1/08
6. Ray Hamilton	48.87	5/22/10
7.		
8.		
9.		
10.		

### 100 back

1. Daniel Blake	1:21.67	2/18/11
2. Monte Lyons	1:37.74	2/15/03
3. Yaro Mucha	1:38.77	2/18/95
4. Ray Hamilton	1:42.82	5/22/10
5.		
6.		
7.		
8.		
9.		
10.		

### 200 back

1. Ray Hamilton	3:29.34	5/22/10
2. Fred Jorgensen	3:40.99	2/17/07
3. Monte Lyons	3:48.82	2/14/03
4. George Etsell	5:02.58	2/19/93
5.		
6.		
7.		
8.		
9.		
10.		

### 50 breast

1. Daniel Blake	33.44	5/21/10
2. Ron Taylor	33.68	5/8/98
3. Ed Mjolsnes	42.73	3/1/08
4. Yaro Mucha	42.87	2/17/95
5. Monte Lyons	46.62	2/13/04
6. Gus Hansen	51.55	2/1/00
7. Jon Nauman	51.61	2/17/06
8.		
9.		
10.		

### 100 breast

1. Daniel Blake	1:14.88	5/22/10
2. Ron Taylor	1:16.87	5/8/98
3. Ray Hamilton	1:25.34	2/27/10
4. Yaro Mucha	1:33.06	2/2/96
5. Monte Lyons	1:38.92	2/16/01
6. Ed Mjolsnes	1:39.56	2/28/09
8. Gus Hansen	1:58.39	2/1/00
8. George Etsell	2:12.49	2/20/93
9.		
10.		

### 200 breast

1. Daniel Blake	2:48.58	5/23/10
2. Ray Hamilton	3:07.33	2/27/09
3. Yaro Mucha	3:28.71	2/2/96
4. Monte Lyons	3:45.65	2/14/03
5. George Etsell	4:49.41	2/20/93
6.		
7.		
8.		
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### 50 fly

1. Daniel Blake	32.96	2/18/11
2. Ron Taylor	36.42	2/16/01
3. Ed Mjolsnes	42.32	2/29/08
4. Yaro Mucha	44.29	2/13/98
5. Fred Jorgensen	45.17	2/16/07
6. Monte Lyons	48.00	2/14/04
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### 100 fly

1. Ray Hamilton	1:29.99	5/21/10
2. Fred Jorgensen	1:46.58	2/17/07
3. Monte Lyons	1:51.60	2/17/01
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### 200 fly

1. Ray Hamilton	3:22.23	2/27/09
2. Fred Jorgensen	4:08.22	2/16/07
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### 100 IM

1. Daniel Blake	1:10.44	5/23/10
2. Ron Taylor	1:21.60	2/16/01
3. Ed Mjolsnes	1:29.99	2/17/06
4. Monte Lyons	1:32.92	2/14/04
5. Yaro Mucha	1:33.34	2/12/99
6. Fred Jorgensen	1:43.45	2/16/07
7. Jon Nauman	1:52.41	2/17/06
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### 200 IM

1. Daniel Blake	2:34.48	5/22/10
2. Ray Hamilton	3:06.69	2/27/10
3. Yaro Mucha	3:22.42	2/17/95
4. Monte Lyons	3:29.50	2/13/04
5. Fred Jorgensen	3:52.05	2/17/06
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### 400 IM

1. Ray Hamilton	6:44.84	5/21/10
2. Monte Lyons	7:50.96	2/16/01
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## MEN 70-74

### 50 free

1.	Ed Mjolsnes	32.29	2/26/10
2.	Ron Taylor	32.35	2/14/04
3.	Yaro Mucha	34.00	2/1/00
4.	Jon Nauman	42.34	2/18/11
5.	George Etsell	44.10	2/2/96
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### 100 free

1.	Yaro Mucha	1:16.79	2/1/00
2.	Ron Taylor	1:17.40	2/13/04
3.	Ed Mjolsnes	1:19.02	2/27/10
4.	Monte Lyons	1:22.06	2/17/06
5.	Jon Nauman	1:38.48	2/18/11
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### 200 free

1.	Monte Lyons	3:11.59	2/18/06
2.	Ed Mjolsnes	3:15.32	2/18/11
3.	Jon Nauman	3:34.17	2/18/11
4.	George Etsell	3:57.59	2/1/96
5.	George Hale	4:21.25	2/19/93
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### 500 free

1.	Ed Mjolsnes	8:55.65	2/26/10
2.	Monte Lyons	9:01.00	2/17/06
3.	Jon Nauman	9:37.16	2/17/11
4.	George Hale	10:12.68	2/1/91
5.	George Etsell	11:15.00	1/18/94
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### 1000 free

1.	Ed Mjolsnes	18:26.05	2/26/10
2.	Monte Lyons	19:09.00	2/18/06
3.	George Hale	21:41.87	2/1/91
4.	George Etsell	23:08.90	2/18/95
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### 1650 free

1.	Ed Mjolsnes	30:54.09	2/26/10
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### 50 back

1.	Ron Taylor	39.30	2/13/04
2.	Yaro Mucha	48.61	2/1/00
3.	Ed Mjolsnes	52.04	2/18/11
4.	George Etsell	1:04.87	2/1/96
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### 100 back

1.	Monte Lyons	1:35.47	2/18/06
2.	Ron Taylor	1:37.26	2/14/04
3.	Yaro Mucha	1:46.80	2/16/01
4.	Ed Mjolsnes	2:06.54	2/18/11
5.	George Etsell	2:17.78	2/18/95
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### 200 back

1.	Monte Lyons	3:32.81	2/17/06
2.	George Hale	4:56.27	2/1/91
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### 50 breast

1.	Ron Taylor	37.05	5/16/03
2.	Yaro Mucha	46.24	2/1/00
3.	George Etsell	1:06.44	2/1/96
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### 100 breast

1.	Ron Taylor	1:26.55	5/16/03
2.	Yaro Mucha	1:40.83	2/1/00
3.	Ed Mjolsnes	1:46.52	2/27/10
4.	George Etsell	1:04.87	2/1/96
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### 200 breast

1.	Yaro Mucha	3:53.30	2/14/03
2.	Ed Mjolsnes	3:56.34	2/18/11
3.	George Etsell	5:22.10	2/18/95
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### 50 fly

1.	Ed Mjolsnes	43.51	2/27/10
2.	Yaro Mucha	47.35	2/4/03
3.	George Etsell	1:12.88	1/18/94
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### 100 fly

1.	Yaro Mucha	1:48.84	2/14/03
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### 200 fly

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### 100 IM

1.	Yaro Mucha	1:34.08	2/15/02
2.	Ed Mjolsnes	1:28.20	2/18/11
3.	Jon Nauman	2:07.98	2/18/11
4.	George Etsell	2:20.29	1/19/94
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### 200 IM

1.	Yaro Mucha	3:39.30	2/14/03
2.	Jon Nauman	4:43.99	2/18/11
3.	George Etsell	4:57.39	2/17/95
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### 400 IM

1.	Yaro Mucha	8:06.55	2/14/03
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## MEN 75-79

### 50 free

1.	Yaro Mucha	37.35	2/18/05
2.	Ron Taylor	38.73	2/27/09
3.	George Hale	47.98	2/20/93
4.			
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### 100 free

1.	Yaro Mucha	1:27.94	2/19/05
2.	George Hale	1:59.08	2/20/93
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### 200 free

1.	George Hale	4:03.15	1/1/92
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### 500 free

1.	George Hale	11:40.80	2/19/93
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### 1000 free

1.	George Hale	24:14.00	2/20/93
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### 1650 free

1.	George Hale	41:43.11	1/19/94
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### 50 back

1.	Ron Taylor	48.44	2/28/09
2.	Yaro Mucha	55.86	2/17/07
3.	George Hale	1:11.00	1/18/94
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### 100 back

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### 200 back

1.	Yaro Mucha	4:35.09	2/17/07
2.	George Hale	5:33.52	1/1/92
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### 50 breast

1.	Ron Taylor	42.43	2/28/09
2.	Yaro Mucha	50.28	2/19/05
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### 100 breast

1.	Ron Taylor	1:41.13	2/28/09
2.	Yaro Mucha	1:52.75	2/18/05
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### 200 breast

1.	Yaro Mucha	4:16.93	2/18/06
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### 50 fly

1.	Yaro Mucha	49.10	2/18/05
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### 100 fly

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### 200 fly

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### 100 IM

1.	Yaro Mucha	1:46.36	2/19/05
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### 200 IM

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### 400 IM

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## MEN 80-84

### 50 free

1.	Yaro Mucha	42.98	2/26/10
2.	George Hale	50.77	2/14/97
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### 100 free

1.	Yaro Mucha	1:45.18	2/27/10
2.	George Hale	2:02.29	2/14/98
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### 200 free

1.	George Hale	4:29.59	2/13/98
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### 500 free

1.	George Hale	4:29.59	2/13/98
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### 1650 free

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### 1000 free

1.	George Hale	25:48.30	2/15/97
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### 50 back

1.	Yaro Mucha	1:03.35	2/26/10
2.	George Hale	1:09.85	2/13/98
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### 100 back

1.	George Hale	2:44.20	2/14/98
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### 200 back

1.	George Hale	5:36.30	2/13/98
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### 50 breast

1.	Yaro Mucha	58.00	2/27/10
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### 100 breast

1.	Yaro Mucha	2:08.60	2/27/10
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### 200 breast

1.	Yaro Mucha	4:44.60	2/26/10
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### 50 fly

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### 200 IM

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### 400 IM

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